## Walking For A Cause

Groups gather to fight cancer.

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 Winners Are...See who won the bean counting contest.

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## Childcare, Right Here

La Petite Academy is enrolling for the summer.

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Dinner@6.


By Leslie White
Bloomingdale High School has a new head football coach. Former Kansas City Chiefs wide receiver John Booth was hired as the varsity head coach by Athletic Director Danielle Shotwell.

Booth grew up in the Bradenton area where he attended Manatee High School. Booth later attended MidAmerica Nazarene University in Olathe, Kansas. He then went on to play for the Kansas City Chiefs as wide receiver for a season.

For the past two years, Booth has been wide receiver coach for his alma mater, whose
offense is ranked nationally in the top five of National Association of Intercollegiate Athletics (NAIA) schools.

Booth will also teach physical education at Bloomingdale starting in the fall.
"One of his first orders of business was to implement a mandatory 30 minute study hall every day before practice. Booth is currently working to assemble a coaching staff and prepare his players for spring football, the upcoming Red and White game as well as the Jamboree on May. 22, location to be announced.

Look for more information on the new coach in next month's Bloomingdale Gazette.

The Bloomingdale Bulls football team will be hosting a car wash Saturday, April 25 from 9 a.m. to 2 p.m. at the Citgo gas station at 3501 Bell Shoals Road. Come out and support the Bulls' spring football program. Donations greatly appreciated!

## QUOTE OF THE MONTH

"You always pass failure on the way to success."

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## By Leslie White

Bloomingdale High School's Charley Harris stadium is home to many sporting events throughout the school year, but for one night each spring, the track and turf take on new meaning as visitors battle something much more menacing than an opposing team - cancer.

Hundreds turned out Friday, March 20, to participate in the American Cancer Society's Relay For Life. Embarking on its $25^{\text {th }}$ year, the overnight event encourages communities to rally together and walk through the night to raise not only funds but also awareness necessary to fight against the disease diagnosed in more than 1,400,000 Americans annually. For some, the decision to participate is a personal one, stemming from the loss of
a loved one to cancer. The Pink Ladies are a group comprised of Bloomingdale girls as well as two mothers, many of whom have experienced the disease within their own families. Kim Wallace chaperoned the event in which both her daughters, Whittney, a sophomore at Bloomingdale, and Bethany, a freshman, participated.
"We wanted to help raise money to find a cure because we have had a loss in our family due to cancer and we've also had someone who survived," she said. The survivor was Wallace's mother-in-law, Catherine Wallace, while the loss was her father, George Dillard II.

At one point during the event, the stadium lights are turned off, leaving only the dim glow from luminaries bearing the names


Bloomingdale High School math teacher Susan Flaws announced to her students just after Christmas that she would be taking a leave of absence to undergo surgery and receive treatments for breast cancer. Many of her colleagues walked in her honor wearing sashes that said, "For Susan". Her students made luminaries that lit the path and offered their hope for her speedy recovery.

"The Pink Ladies" Dana Dittfeld, Natalie Schaedler, Bethany W Photos by LESLIE WHITE Kelsey Beasley,
of lost loves ones, survivors and those in the throes of battle now, and a shimmering H-O-P-E and C-U-R-E spelled out in luminaries in the bleachers.
The luminary walk in memory and honor of love ones that have survived and those who have left us to be with the Lord was the highlight of the night for me and my girls, said Wallace.

One of the littlest Pink

Ladies, Ashley Halstead, walked in honor of her mother, Diane, who is currently receiving treatment after being diagnosed with $\varepsilon^{\text {trmach tumors. }}$

Donning "Zap Cancer Greased Lightning" $t$-shirts, the Pink Ladies worked hard to raise a total of $\$ 3,708.20$. Team Captain and Bloomingdale sophomore Laura Kelly raised $\$ 1,625$ via the Relay For Life Web site's
virtual fundraiser, seeking donations online, a total which ha her in second place overall a. the relayforlife.org/bloomingdalefl site. Other community participants were members of the Bloomingdale High School front office, Alafia Elementary and Cimino Elementary. In all, 35 groups were registered for the event, bringing in tens of thousands of dollars to fund the fight.


Alafia Elementary participants


Bean Counters
 Photo by JANE LEE Gabriela Dombrowski, Ray Chadderton and Kerri Pepe.

## By Leslie White

No beans about it, Gabriela Dombrowski and Kerri Pepe are winners! Each of them took home $\$ 50$ gift certificates to Stonewood Grill \& Tavern for coming closest without going over to the number of jelly beans on display at Peterbrooke Chocolatier and Car Wash on the Greens. Congratulations, ladies! This contest was sponsored by The Bloomingdale Homeowners Assocation and Ray Chadderton of Keller Williams Realty/The Chadderton Group. Bloomingdale business owners can sponsor their own promotional contest by e-mailing inbloomingdalenews@tampabay.rr.com
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## Campbell's,

## A Brandon Tradition

By Leslie White
Orlando may have Disney World, but just south and down the street a little, Brandon has Dairyland - Campbell's Dairyland. With a menu featuring nine varieties of hot dogs, 20 sandwiches, six Wowburgers, nine entrees, seven salads, 10 side items and eight different kinds of battered veggies, not to mention a collection of creative ice cream concoctions, it's no wonder Campbell's has been a community favorite for 24 years.

Purchased in 1985, Boyd and Pam Campbell ran it until 1998, at which time they retired and sold the business to their daughters, Jill Paules and Leesa Lee.
"We say we own it, but we don't," says Jill's husband, Jay Paules, "It belongs to God and we manage it with His help."

Jay and Jill Paules have lived in Bloomingdale for 16 years with their sons Drew and Trenton, and Jill is still humbled every time she hears Campbell's referred to as a Brandon land-
mark. Both Paules' give credit to their customers for turning Campbell's into a much-loved local hang-out.
"We're the local community establishment - Brandon's own," said Jay, "and we like to get to know our customers. They're wonderful."

Jill agrees.
"We try to make every customer feel welcome and well taken care of," she said. "As a result we have many loyal customers who know usi not only for our good food and ice cream, but also for our small-town feel."

These same loyal customers rallied around the Paules and the Lee families in 2002 when an early morning fire destroyed the inside of the restaurant.
"We were overwhelmed by the response of the community, both at the fire loss and also at our anticipated reopening," said Jill. "It felt like a family reunion seeing all of our customers again and meeting new ones."

After the fire, Campbell's


Photo by LESLIE WHITE
Campbell's Dairyland is a true family affair with the 2nd and 3rd generation of the Campbell family now working at the Brandon landmark. TOP ROW: Campbell's daughters Leesa Lee, Jill Paules; MIDDLE ROW: Leesa's husband, James Lee, daughter, Rebecca Lee, Paules' son Trenton Paules, husband Jay Paules; BOTTOM ROW: son; Joshua Lee, son, Drew Paules.
closed its doors for five months about 5 years old, with total hento rebuild the restaurant. The esty and sincerity, thanked us for landmark's reopening brings Jay Paules the fondest memory.
"The first customers on that day we reopened after the fire were a mother and her young son and daughter. The little boy,
opening back up. It brought tears to my eyes," said Paules.

Now in their third generation of family employees working at Dairyland, Jill admits that "one of my greatest joys is working
alongside our children."
All the Paules and Lee children have grown up around the restaurant and have worked in various positions at Campbell's, which is not just a familyminded business, but one that is

See CAMPBELL'S, Page 15

# Voted Brandon's Best Roofer 2008 



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## New Location For Curves

By JOY BOISSELLE
Curves, Bloomingdale is helping women get and stay healthy in a new location at 3409 LithiaPinecrest Road. Formerly located in the Publix Shopping Center next to the UPS Store, the business, owned by Nancy and Michael Marc, recently held a grand re-opening celebration on March 7.

Curves is the largest fitness franchise with more than 10,000 locations and 4 million members worldwide. Targeting women, the franchise provides a one-stop exercise experience coupled with diet and nutrition information and support.

Nancy is a tried and true believer in the Curves program. More than 80 pounds ago, she went from member to employee to co-owner of two local Curves franchises.

The program's 30 -minute workout combines strength training and sustained cardiovascular activity and is what Nancy credits with her success.
"Everyone is busy, but who doesn't have the time to make 30 minutes for themselves," she said, "In 30 minutes, you will work every muscle."

Currently, new members pay $\$ 39$ per month, and guest passes are available for the curious. For information, call (813) 413-8400.

## Bell Shoals Jubilee



Photo by LESLIE WHITE Bloomingdale resident Terri Poole and her son, Tommy, enjoy the Spring Jubilee at Bell Shoals Baptist Academy, where Poole is Assistant Director of Preschool and Tommy attends first grade. The annual Jubilee is the Academy's major fundraiser for the tuition assistance program.

## Our Best Influence

Now that we are seeing our children start the game of golf at a younger age, we are hopeful that they will become the next Tiger Woods. Here are some helpful tips to prepare yourself to properly train your child. Children are very impressionable so it is important that we provide them with a fun, non-threatening learning environment to keep them involved. We must present practice to children in the way a child would enjoy practice and play.
Keep practice fun by practicing with your child. Add games to the practice, and have good communication. Your tone of voice should be full of emotion using inflection to commend your child on a good shot. Use the same inflection while encouraging your child after a poor shot. Pay attention with enthusiasm when your child begs you to "look" or "watch." Saying your child's name in each sentence lets your child know that he/she has your attention. If using training aids, make sure to keep them colorful to keep the activity fun. Drills should be put into games where the child can earn points and small prizes. Incentive is very important to keep interest.

As your child grows into the sport, make sure you provide them with instruction-the Junior Golf Academy and Summer Camps 2009 at Bloomingdale Golfers Club (for levels Beginner to Advanced) are examples of great programs for your junior golfer. Your child is a part of the futureof golf. This is a game he/she can enjoy the rest of their life. Whether your child becomes the next


Tiger Woods or a Saturday morning golfer, he/she will thank you for bringing them into one of the best games on earth. So give them your influence...your best influence.

Megan Younkman LPGA Class "A" Professional Director of Instruction Bloomingdale Golfers Club

## The WNBA Is Calling



YMCA Youth Basketball League 9 and under. Left to right - Lauren Chadderton, referee Bill Johnson, Emilee Runnels.

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## TALK AROUND TO W N

By JOY Boisselle
"Talk around Town" is a section of your hometown newspaper that seeks to reach out to the community. Every month, residents and those who work in our community will be asked a question, sometimes light-hearted, sometimes serious, and asked to respond.

Do you have a question you would like to have asked?
E-mail your suggestions to InBloomingdaleNews@tampabay.rr.com.
Traffic has long been an issue in our area. From sun up to sun down; Bloomingdale Avenue is literally packed with motorists, Lithia-Pinecrest Road is a two-lane parking lot, and our own, Nature's Way, resembles a motor speedway.

This month's question:
"What bad driving habit annoys you most?"


Vickie Morehouse, Augusta resident
"What really gets to me is drivers talking on their cell phones. They slow down, veer off, and just don't pay enough attention to the flow of traffic."


Gordon and Pat Bowker, Riverhills resident
Gordon-"Tailgating annoys me. It is an indication that another driver wants me to do something different...speed up, move over...it is intimidating."

Pat- "Drivers need to use their turn signals; it is crucial around the Twin Lakes area."


Amanda Lankford, Bloomingdale West resident
"What annoys me most is drivers who don't use their blinkers when turning or changing lanes. People will stop all of the sudden; it's nice to have warning ahead of time."


Erik Turner, Valrico resident
"A bad habit of mine or other people! My biggest pet peeve is with drivers on the interstate. It annoys me when people go slowly in the passing lane and won't get over for faster cars."

## Come To The Blooming Jam Session

Several Bloomingdale area folks are getting together to play some music, sing some songs and enjoy each other and the day. Most play guitar, some come with banjos, bass guitars, one even had a violin....ah fiddle once. Join the band and play in the round. Bring your nonamplified instrument and your voice for a amplified instrument and your voice
musical Saturday afternoon in the park.

## Childcare, Right Here

## By LESLIE WHITE Bloomingdale Gazette

La Petite Academy is currently enrolling for summer The academy, located conveniently inside the Bloomingdale Community, accepts children from 6 weeks to 12 years of age and offers a full curriculum for all students which focuses on getting them ready to enter kindergarten. The academy currently offers VPK throughout the school year.
"We are looking to do summer VPK for the first time and we need at least 4 children enrolled to start it," said direc-
tor Kim Sewell.
To enroll; parents need to obtain a certificate through the county's Early Childhood Learning Coalition and bring the certificate in to the Acadèmy office: The VPK program is free, runs from 9 a.m. to 12 p.m. and meets state qualifications. The program will assign no more than 12 students to a teacher, and that teacher will hold a bachelor's or master's degree in education. La Petite Academy in Bloomingdale currently has 20 employees and 95 children enrolled. It offers pickup at Cimino, Lithia-

Springs and Alafia Elementary schools daily.
"La Petite has educated children nationwide for 30 years, and in the Bloomingdale location for 20 years," said Sewell, who has been with La Petite for more than 13 years. "I love to see many of the children I've had out in the community, and I love to see how they've grown."

But what she loves best, she says, are "the everyday challenges and seeing the kids learn and grow and develop."

La Petite Academy is located at 1011 Greenhollow


Photo by Leslie White
Students also built popsicle stick houses during the construction unit study.
Lane between Nature's Way 3528. For more information and Bell Shoals Road. The about the VPK program visit phone number is (813) 684- vpkhelp.org.


## Dinner@6

## 6 ingredients, 6 servings or 6 hours in the crock pot These recipes will help your family have dinner @ 6!

## Chicken, Pasta Recipe Shows Versatility <br> By Leslie White

Spring is officially here and with it comes an abundance of daylight hours, fresh herbs and in-season veggies. The recipe I'm sharing with you today takes into account of all of the above as well as the fact that with spring often comes an
increase in the amount of time spent on extracurricular activities, which can put any cook in a time crunch to get a meal on the table to accommodate the revolving door of family members with varied schedules. The key to this dish is, in a word, versatility. In my experience, the more hectic the schedule
the more challenged I am to get something on the table that appeals to all the various taste buds that live here. What I like about this recipe is that it can be served as a meat with two sides or a one-dish wonder.

The basic premise is simple. A simple seasoned chicken breast paired with your pasta
of choice, accompanied by two vegetables - one red, one green - all topped with your favorite sauce. Here's the version I like the best, but I have enjoyed experimenting with the seasonings and vegetables I pair with it.

Simple. Satisfying. Savory. That's this month's dinner @ 6!

Until next month
Leslie White can be reached by emailing: lwhite_bloomingdalegazette@yaboo.com. For more recipes visit Dinner@6 online at dinnerat6-lesliewhite. blogspot.com. Readers are invited to share their quick and easy meal solutions, comments and ideas.

## Pan Seared Chicken with Penne Pasta \& Vegetables



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6 boneless, skinless chicken breasts
1 stick butter, softened
2 tablespoons fresh basil, chopped
1 pint grape tomatoes
2 (14 oz.) cans quartered artichoke hearts, drained 1 box penne pasta
2 (15 oz.) jars Alfredo sauce Salt and pepper to taste
Preheat oven to 425 degrees. Combine softened butter with chopped basil and let stand for at least an hour, if not more, to flavor the butter. While that's sitting, put grape tomatoes in a baking dish in a single layer. Season with salt and pepper and drizzle with olive oil. Roast tomatoes until they start to break down, about 40 minutes, stirring every 10 minutes to promote even roasting. (This can be done well ahead of time in advance, the tomatoes refrigerated then added in later.)

In a large, non-stick skillet heated to medium-high heat, drizzle about a tablespoon of

olive oil. Slather basil butter on each chicken breast. Season with salt and pepper. Place chicken in skillet, making sure both sides are seasoned. Cook each side until a deep golden brown. While chicken is cooking, bring pasta to a boil and cook according to package directions. Drain. Once chicken is done, remove from pan and reduce heat to medium. Let chicken rest 10 minutes
before cutting. Cut into strips or you can leave it whole and place it on top. While chicken is cooling, place roasted tomatoes and drained artichoke hearts in skillet, stirring to remove pan drippings and combine seasonings. In large casserole dish, combine pasta, vegetables from skillet, sauce (as much or as little as you like) and chicken. Stir to combine. (Serves 6)


## Get Ready For Water Restrictions

## Photo and Story by Leslie White

In March the Tampa City Council banned the watering of lawns via sprinkler systems effective April 3. City residents and businesses will have to water by hand, and only once a week. Though this will only affect those living in the city of Tampa, other cities may, consider following their lead as a result of the three year drought that has plagued our region. For the most up-to-date information on watering in your area, visit hillsboroughcounty.org/water/restrictions or call (813) 275-7094 to hear a recorded message concerning restrictions.

## Bulls Baseball Shows Promise



Photo courtesy of the Aquaviva Family Bloomindale Bulls 2008-2009 Varsity Baseball Team

## By Leslie White

Bloomingdale Bulls baseball is really in the swing of things with a $7-4$ record overall and 53 in district play, according to Coach Kris Wilken.
"Pitching has been our strong point all year," he said, "but as of late we have become a pretty good offensive team as well."

In his second year as head baseball coach, Wilken started his preparations for this season last spring while many of his players were headed out to play either travel ball with select teams or Legion ball with him.
"They had a six-to-eight week period before January where we hit the weight room pretty hard," he said. "They are going nonstop and they work extremely hard and many are seeing the benefits of their work ethics."

Wilken knows baseball is all about district play and he believes Brandon and Armwood are his team's main opposition.
"Brandon is always a rivalry game, and with them and Armwood ahead of us in the standings, I would have to say those are our biggest games," he said.

After this season, the Bulls will lose seven seniors - three pitchers, two catchers and two starting outfielders.
"Senior RJ Brown has set the tone for us every game he has pitched by giving us a "hance to win," said Wilken. "He is a great competitor and a hard worker. I have to admit I didn't expect him to swing the
bat as well as he has - that has been a nice surprise."

On offense, while Wilken's team may lack a superstar, it is not a major concern to him.
"It's difficult to list just one or two guys," he said.

Still, two lower classman have been surprises, second baseman Richie Martin and centerfielder Austin Wilson.
"They don't play like freshman," he said. "They have been amazing."

But that's not to slight the rest of the infield.
"I am very happy with the play of my shortstop Sam Morgan and my third baseman Sal Giardina," he said. "Offensively and defensively they have been outstanding,"

He also gave praise to Ryan Sugar.
"He is having a fantastic year, as is designated hitter Jeff Griffith, who has arguably been the best hitter for us," he said. "So a lot of guys have contributed, which is what a coach wants."

Senior RJ Brown's mother, Mary, agrees with Wilken.
"I would say that in my five years as a Bloomingdale baseball parent, this team started the season with a team bond I have not seen in the past," she said. "Halfway through the season, that bond is still there. They pick each other up, work as a team, and truly want the best for each other, from our seniors to our starting freshmen, and anyone coming off the bench. We also have the parents, and that allows the coaches to focus on what goes on within the chalk lines."

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## Spring Is Here - Be Cautious

## By CRD PETE MAURER

Spring is here. The flowers are blooming in Bloomingdale. and the grass is trying to grow. Both need much more rain. Part of enjoying our beautiful state is spending more time participating in outdoor activities, especially with our kids. This means more open doors, parks and playgrounds filled with fun seekers, and sidewalks with lots of bikers and joggers.
And not so far away, summer will follow and school will-be out. Now is the time to be sure
both you and your children are ready to enjoy a safe and secure spring and summer. These are some of the prime days for sexual predators to come out of their nests.

Law enforcement will continue to do all we can to keep these individuals away from your children. We have information at the Community Station and on the Sheriff's Web site. Get informed.
Along with predators there are also gangs that will be trying to entice or threaten. your kids, especially your teens. Become educated on how they
work, what signs to look for and how to advise your teens to protect themselves.

Gangs also are involved in crimes like robberies and burglaries. In fact, this is what makes groups of criminals become gang members. Their common interest is crime. Be extra cautious when you're shopping, especially at night. Some of their other interests are drugs and guns. The number of local robberies and burglaries is up, with gang activity one factor and the economy the other. Lock up your cars and homes. Notify the Sheriff's Dispatch at 2478200 if you see any suspicious activity in your neighborhood.

Also, remember that your Citizens Patrol, members of your community who volunteer to receive special training so they can help protect your community are on patrol and ready to help.

## PARENTAL INVOLVEMENT - THE KEY TO PROTECTING YOUR KIDS

One of the major factors in protecting your children is your getting informed and involved. Those in law enforcement simply can not protect all children by ourselves: We can and must face this serious problem together and we need the help of every law abiding member in our community to protect our treasures.

Parents, please listen. It comes down to a very basic question, "Have you as a parent taken the time to sit down and carefully explain to your children how important it is to be aware of their surroundings, to be cautious of strangers and most importantly, what to do if someone tries to harm or abduct them?" Until your answer is yes, your children are at risk because they do not have the knowledge and understanding they need to be safe.

Please remember, kids can get easily distracted, so you must continue to know where your children are, whom they are with and build a relationship of trust
and concern with them. Do this so they will let you know what they are doing, where they will be and be able to take care of themselves.

Time is critical. Take the time to do what is needed as soon as possible. It only takes a few minutes for young children to be abducted.

## PARENTS - <br> YOU'RE NOT ALONE

Parents, the good news in all of this is that you are not alone You don't have to become paranoid and terrorized. Most people around you and your children are good, but we must all face the fact that some are not. Both parents and children must learn more about how to protect themselves. Most of those who are abducted don't get second chances.

There are many groups in our community who are directly involved in helping prepare both parents and children for the unseen dangers in our world. Local YMCAs are offering special classes in self-defense. Many Web sites contain excellent information on these critical topics.

One important step that you can take is to have your children fingerprinted. This service is offered through the Sheriff's Office and other groups. For information call the Sheriff's Bloomingdale Community.Sta-


## Deputy Pete Maurer

tion at (813) 635-8040.
Remember those and their families who have had their young lives taken away too soon! Make their lives count for something positive.

## CHECK OUT THESE

## SPECIAL WEB SITES

These websites offer for additional information on "Stranger Danger" and other important child safety topics:

- childsafetyexperts.com,
- safekids.com,
- theparentreport.com

Also, check out heso.tampa. fl.us There is a special area at this site that lists all of the currently registered sexual predators living in our communities. Know where they live.


Deputies Waters and Burchell stopped by the Bloomingdale Substation


## Cheer Champs

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community-minded as well.
Campbell's routinely donates to schools and nonprofit organizations in the way of rewards or to help out with fundraisers and special events. The store also is very giving to special patrons with four legs.
"We have a lot of regular dog

## Bloomingdale High School cheer-

 leaders are state champions for the second year in a row. The 20 girls on the varsity squad took the title in competitions held in Tallahassee in March.Photo by Leslic White
customers," said Jill, and she isn't referring to customers. Campbell's gives free treats to their tailwagging guests - a tiny ice cream cone topped with a dog biscuit. "We get a kick out of watching the dogs enjoy them," she said.

Campbell's also caters to those with special dietary needs.
"Our father is a diabetic, so we are very aware of the need for a sugar-free treat," said Paules. "We offer sugar-free ice cream
sugar-free hot fudge."
Another treat they offer is more for the budget. Every Tuesday, Campbell's offers $\$ 3$ banana splits, both the vertical and the old-school horizontal variety.

To celebrate their 24 th anniversary, Campbell's Dairyland invites the community to come by on April 8, mention this article and their anniversary to receive 10 percent off any order.

Campbell's Dairyland is located at 200 S. Parsons Avenue. They are open Monday through Thursday, 11 a.m. -10 p.m. Fridays, they are open from 10:30 a.m. to 11 p.m. Saturdays Campbell's is open from 11 a.m. to 11 p.m. and Sundays from Saturdays from 1 p.m. to 10 p.m.

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