BLOOMINGDALE GAZETTE

Volume XXX Number 4

APRIL 2009 . THE OFFICIAL PUBLICATION OF THE BLOOMINGDALE HOMEOWNERS ASSOCIATION SINCE 1980

Walking For A Cause

Groups gather to fight cancer.

PAGE 4

...And The Winners Are...

See who won the bean counting contest.

PAGE 5

Childcare, Right Here

La Petite Academy is enrolling for the summer.

PAGE 11

INDEX

Yard of the Month	3
Dinner@6	12
Law Enforcement	14



By Leslie White

Bloomingdale High School has a new head football coach. Former Kansas City Chiefs wide receiver John Booth was hired as the varsity head coach by Athletic Director Danielle Shotwell.

Booth grew up in the Bradenton area where he attended Manatee High School. Booth later attended MidAmerica Nazarene University in Olathe, Kansas. He then went on to play for the Kansas City Chiefs as wide receiver for a season.

For the past two years, Booth has been wide receiver coach for his alma mater, whose

offense is ranked nationally in the top five of National Association of Intercollegiate Athletics (NAIA) schools.

Booth will also teach physical education at Bloomingdale starting in the fall.

"One of his first orders of business was to implement a mandatory 30 minute study hall every day before practice. Booth is currently working to assemble a coaching staff and prepare his players for spring football, the upcoming Red and White game as well as the Jamboree on May 22, location to be announced.

Look for more information on the new coach in next month's Bloomingdale Gazette.

The Bloomingdale
Bulls football team will
be hosting a car wash
Saturday, April 25 from
9 a.m. to 2 p.m. at the
Citgo gas station at 3501
Bell Shoals Road.
Come out and support
the Bulls' spring football
program. Donations
greatly appreciated!

QUOTE OF THE MONTH

"You always pass failure on the way to success."

Mickey Rooney

Limited Time Only - Florida Resident Spring Special Adults - \$14.99 plus tax Children - \$9.99 plus tax

Proof of Residency Required, Per Adult.

ffer not valid with any other coupons or discounts. A valid Florida ID MUST be presented at time of admission and prices subject to discounts. A valid Florida ID MUST be presented at time of admission and prices subject to discounts.

14501 S. Orange Blossom Trail Orlando, Florida 32837



No matter what the occasion...





Majik Touch Cleaners

Shirts & Dry Cleaning

Valid on Incoming Orders Only No Exceptions. No Combining Coupons.

Shirts & Dry Cleaning

Valid on Incoming Orders Only. No Exceptions. No Combining Coupons.

Valid on Incoming Orders Only. No Exceptions. No Combining Coupons.

Shirts & Dry Cleaning

Wedding Gowns, Comforters Blankets, Alterations, Drapes

Valid on Incoming Orders Only. No Exceptions. Minimum Order of \$5.00. No Combining Coupons.

13 LOCATIONS

APOLLO BEACH • 220 Apollo Beach Blvd	645-1499
BLOOMINGDALE • 3513 Bell Shoals Rd	654-9292
BLOOMINGDALE • 3248 Lithia-Pinecrest	654-8113
BRANDON • 913 W. Brandon Blvd	684-4499
BRANDON • 11393 Causeway Blvd	643-6944
LITHIA • 16707 FishHawk Blvd	654-7991
PLANT CITY • 2621 Thonotosassa Rd	752-6631
RIVERVIEW • 11697 Boyette Rd	672-1832
RIVERVIEW • 13414 Boyette RdNew	657-8497
RIVERVIEW • 13196 Hwy 301 S	671-4156
SEFFNER • 1515 N. Parson Ave	684-5897
VALRICO • 1985 E. Brandon Blvd	654-2324
VAIRICO . 2511 S.P. 60 E	642 4025



Get ready for a summer of fun

while campers learn and strengthen positive character traits! Not only will campers become familiar with famous people who were exemplary in one or more character traits, but they will also have the opportunity to build these traits into their own lives through special activities, projects and friendships!

Summer Camp includes:

- Full Day/Half Day/Drop-In Fridays (HOST)
- Use of River Hills Pool, Basketball Courts, Playground
- On-Site Water Interactive Park
- Fee Includes Field Trips: Arabian Nights, Devil Ray Game, Dolphin/Beach Day, Ringling Museum, Sun & Fun, Bowling and more....
- Fee Includes Healthy Breakfast, Snacks & Lunch
- Computer Games, Video Games with Nintendo Wii
- In-House Entertainment: Reptile Discovery, Magician, Mad Science and more...

Small Business 2008

Your camper will strengthen their

Character with us this summer!

657-6200

www.KidsRKidsValrico.com Valrico/Fishhawk

(Across from Lithia Springs Elementary)



* BLOOMINGDALE GAZETTE + APRIL,

A Cause

By Leslie White

Bloomingdale High School's Charley Harris stadium is home to many sporting events throughout the school year, but for one night each spring, the track and turf take on new meaning as visitors battle something much more menacing than an opposing team – cancer.

Hundreds turned out Friday, March 20, to participate in the American Cancer Society's Relay For Life. Embarking on its 25th year, the overnight event encourages communities to rally together and walk through the night to raise not only funds but also awareness necessary to fight against the disease diagnosed in more than 1,400,000 Americans annually. For some, the decision to participate is a personal one, stemming from the loss of

a loved one to cancer. The Pink Ladies are a group comprised of Bloomingdale girls as well as two mothers, many of whom have experienced the disease within their own families. Kim Wallace chaperoned the event in which both her daughters, Whittney, a sophomore at Bloomingdale, and Bethany, a freshman, participated.

"We wanted to help raise money to find a cure because we have had a loss in our family due to cancer and we've also had someone who survived," she said. The survivor was Wallace's mother-in-law, Catherine Wallace, while the loss was her father, George Dillard II.

At one point during the event, the stadium lights are turned off, leaving only the dim glow from luminaries bearing the names



Photos by LESLIE WHITE

"The Pink Ladies" Dana Dittfeld, Natalie Schaedler, Bethany Wallace, Kim Wallace, Kelsey Beasley, Whittney Wallace, Stephanie Kelly, Ashley Halstead, Team Captain Laura Kelly and Olivia Kelly.

of lost loves ones, survivors and those in the throes of battle now, and a shimmering H-O-P-E and C-U-R-E spelled out in luminaries in the bleachers.

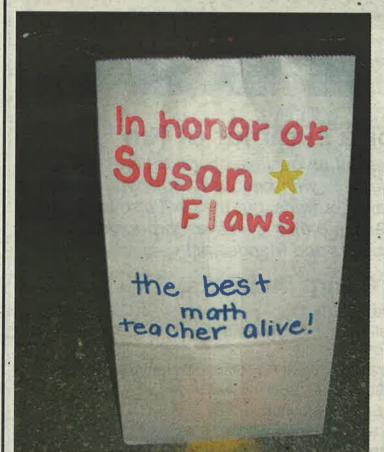
The luminary walk in memory and honor of love ones that have survived and those who have left us to be with the Lord was the highlight of the night for me and my girls, said Wallace.

One of the littlest Pink

Ladies, Ashley Halstead, walked in honor of her mother, Diane, who is currently receiving treatment after being diagnosed with stomach tumors.

Donning "Zap Cancer – Greased Lightning" t-shirts, the Pink Ladies worked hard to raise a total of \$3,708.20. Team Captain and Bloomingdale sophomore Laura Kelly raised \$1,625 via the Relay For Life Web site's

virtual fundraiser, seeking donations online, a total which hat her in second place overall at the relayforlife.org/blooming-dalefl site. Other community participants were members of the Bloomingdale High School front office, Alafia Elementary and Cimino Elementary. In all, 35 groups were registered for the event, bringing in tens of thousands of dollars to fund the fight.



Bloomingdale High School math teacher Susan Flaws announced to her students just after Christmas that she would be taking a leave of absence to undergo surgery and receive treatments for breast cancer. Many of her colleagues walked in her honor wearing sashes that said, "For Susan". Her students made luminaries that lit the path and offered their hope for her speedy recovery.



Alafia Elementary participants



All Photos by LESLIE WHITE

Charley Harris Stadium at Bloomingdale High accommodates spring practices for track, flag football, varsity and JV football with the tennis team taking the courts behind the stadium as all the athletes get ready for their prospective seasons.





Photo by JANE LEE

Gabriela Dombrowski, Ray Chadderton and Kerri Pepe.

By Leslie White

No beans about it, Gabriela Dombrowski and Kerri Pepe are winners! Each of them took home \$50 gift certificates to Stonewood Grill & Tavern for coming closest without going over to the number of jelly beans on display at Peterbrooke Chocolatier and Car Wash on the Greens. Congratulations, ladies! This contest was sponsored by The Bloomingdale Homeowners Assocation and Ray Chadderton of Keller Williams Realty/The Chadderton Group. Bloomingdale business owners can sponsor their own promotional contest by e-mailing inbloomingdalenews@tampabay.rr.com



CALL TODAY

813-968-7031

50% off initial service for all FishHawk residents

SERVICES OFFERED

- · Green Certified Pest Control
 - · Tubes In The Wall Service
 - Lawn Fertilization
 - · Rodent Control
 - · Weed Control

QualityPro green

Tampa Bay's Only Green Certified Pest **Control Company** · Bee Removal · Ant Control

NVIROTECT Pest Control Services, Nominated Business of the Year 2008 -Tampa Bay Business Journal

Your Inside Connections

BLOOMINGDALE HOMEOWNERS ASSOCIATION INC.

PO Box 7221, Brandon, FL 33508

Phone: (813) 681-2051

E-mail: bloomingdale.homeowners@verizon.net

Meetings: first Tuesday each month, 7 p.m.

Web site: bloomingdalegazette.com

President: Stanley Lee Vice president: Jim Harris Secretary: Jane Lee Treasurer: Dennis Osborn

Directors: Shelia Harris, Myron Magedanz

BLOOMINGDALE SPECIAL TAXING DISTRICT

3509 Bell Shoals Road, Valrico, FL 33594

Phone: (813) 684-6667

E-mail: bloomingdale.district@verizon.net Office hours: Monday through Thursday,

7 a.m. to 11 a.m.

Meetings: second Monday each month, 7 p.m.

President: Thom Snelling Vice president: Russell Jones Treasurer: David West Property manager: Al Devney

Trustees: Joe Harless; Joe Liguori and James Laughlin

THE BLOOMINGDALE GAZETTE

The official publication of the BHA since 1980

Post Office Box 7221 Brandon, FL 33508 Ph: (813) 681-2051

E-Mail: bloomingdale.homeowners@verizon.net Web site: bloomingdalegazette.com

THE GAZETTE IS PUBLISHED BY SUNBELT NEWSPAPERS

Publisher: Denise Palmer 505 W. Robertson St., Brandon, FL 33511 Ph: (813) 657-4511

Advertising: 647-4557

The Gazette is delivered free to Bloomingdale residents along with The Tampa Tribune on the first Saturday of each month.

OMÍNGDALE GAZETTE

THE BLOOMINGDALE GAZETTE (813) 681-2051



Phone: (813) 654-9036 (813) 654-5066

Hours: 7 DAYS a Week Mon-Fri 7:30a.m. - 2:00p.m. Sat and Sun 7:30a.m. - 1:30p.m. your purchase

Minimum \$10.00 purchase Dine in only Monday - Friday Expires 04-30-09

CELEBRATING 20 YEARS OF BUSINESS IN BRANDON





By Leslie White

Orlando may have Disney World, but just south and down the street a little, Brandon has Dairyland - Campbell's Dairyland. With a menu featuring nine varieties of hot dogs, 20 sandwiches, six Wowburgers, nine entrees, seven salads, 10 side items and eight different kinds of battered veggies, not to mention a collection of creative ice cream concoctions, it's no wonder Campbell's has been a community favorite for 24 years.

Purchased in 1985, Boyd and Pam Campbell ran it until 1998, at which time they retired and sold the business to their daughters, Jill Paules and Leesa Lee.

"We say we own it, but we don't," says Jill's husband, Jay Paules, "It belongs to God and we manage it with His help."

Jay and Jill Paules have lived in Bloomingdale for 16 years with their sons Drew and Trenton, and Jill is still humbled every time she hears Campbell's referred to as a Brandon landmark. Both Paules' give credit to their customers for turning Campbell's into a much-loved local hang-out.

"We're the local community establishment – Brandon's own," said Jay, "and we like to get to know our customers. They're wonderful."

Jill agrees.

"We try to make every customer feel welcome and well taken care of," she said. "As a result we have many loyal customers who know us not only for our good food and ice cream, but also for our small-town feel."

These same loyal customers rallied around the Paules and the Lee families in 2002 when an early morning fire destroyed the inside of the restaurant.

"We were overwhelmed by the response of the community, both at the fire loss and also at our anticipated reopening," said Jill. "It felt like a family reunion seeing all of our customers again and meeting new ones."

After the fire, Campbell's



Photo by LESLIE WHITE

Campbell's Dairyland is a true family affair with the 2nd and 3rd generation of the Campbell family now working at the Brandon landmark. TOP ROW: Campbell's daughters Leesa Lee, Jill Paules; MIDDLE ROW: Leesa's husband, James Lee, daughter, Rebecca Lee, Paules' son Trenton Paules, husband Jay Paules; BOTTOM ROW: son, Joshua Lee, son, Drew Paules.

closed its doors for five months to rebuild the restaurant. The landmark's reopening brings Jay Paules the fondest memory.

"The first customers on that day we reopened after the fire were a mother and her young son and daughter. The little boy, about 5 years old, with total honesty and sincerity, thanked us for opening back up. It brought tears to my eyes," said Paules.

Now in their third generation of family employees working at Dairyland, Jill admits that "one of my greatest joys is working alongside our children."

All the Paules and Lee children have grown up around the restaurant and have worked in various positions at Campbell's, which is not just a familyminded business, but one that is

See CAMPBELL'S, Page 15

Voted Brandon's Best Roofer 2008

NEW ROOFS
RE-ROOFS
ROOF REPAIRS
LEAK DETECTION
ROOF INSPECTIONS
STORM REPAIRS

Did you know we also offer CONSTRUCTION SERVICES?...

- ROOM ADDITIONS
- SCREEN ROOMS
- REMODELING
- LANAI SCREENING
- GUTTERS
- HOME REPAIR
- KITCHENS
- BATHS

"Need A New Roof?"

"House Need A Facelift?"

6 Months Same As Cash W.A.C.

THE 2008
BEST
OF BRANDON
The Brandon News & Tribune Beadgrs' Foll '08

813-661-4600 www.SHINGLE-MASTERS.com

LIC. #CGC-1513621 #CCC-1328724

Has your life been impacted by a

DRUG RECALL

DEFECTIVE MEDICAL DEVICE?

- Avandia
- Trasylol
- MRI/MRA Gadoliniun
- Medtronic SyncroMed EL Pump
- Duragesic Pain Patch

- Heparin
- Kugel Hernia Mesh
- Medtronic Bone Stimulator
- Digitek Heart Pills
- Fosamax

We have been fighting for the legal rights of consumers since 1982, winning substantial settlements for victims of bad medicine, bad products, corporate greed and negligent individuals. Please contact is with questions about your case.

THE LIMBEROPOULOS LAW FIRM, P. A.

A Professional Association Chris M. Limberopoulos **Board Certified Civil Trial Lawyer** 400 N. Ashley Dr. • Suite 2150 • Tampa, FL 33602

213-275-1818

www.fight-back-law.com

CALLING ALL WOMEN!

Be a part of the Curves / Avon Fitness Study: The largest fitness study for women ever. SIGN UP NOW - LIMIT 50 WOMEN PER CLUB

YOU WILL RECEIVE:

- A Start and Finish Fitness Evaluation
- 30 Days FREE on CurvesComplete.com -
- the Complete Solution to Managing your Weight
 - Supervised Training from a Curves Trainer

30 Days for \$30*

Work Out 3 Times a Week for 4 Weeks CALL YOUR LOCAL CURVES CLUB TO PARTICIPATE BY APRIL 21, 2009.

Curves AVON

Curves Bloomingdale 813-413-8400 3409 Lithia Pinecest Road

Valrico, FL 33596

Curves Lithia 813-413-8500

5618 FishHawk Crossing Blvd. Lithia, FL 33547

Nancy Marc RN. MSN, Owner

*Participants will have full membership privileges during the study. Available only at participating locations. Participants will be asked to complete 12 workouts over a 30 day period with no fewer than 3 workouts per week. Registration required for 30-day free Curves Complete access. See your Curves club for details. Offervalld for U.S. and Canadian residents only. Not valid in Quebec. Offer available for new Curves Complete members only. The diet and fitness information on Curves Complete is designed for use by women. Offer valid through 5/9/09. ©2009 Curves International, Inc.

New Location For Curves

By IOY BOISSELLE

Curves, Bloomingdale is helping women get and stay healthy in a new location at 3409 Lithia-Pinecrest Road. Formerly located in the Publix Shopping Center next to the UPS Store, the business, owned by Nancy and Michael Marc, recently held a grand re-opening celebration on March 7.

Curves is the largest fitness franchise with more than 10,000 locations and 4 million members worldwide. Targeting women, the franchise provides a one-stop exercise experience coupled with diet and nutrition information and support.

Nancy is a tried and true believer in the Curves program. More than 80 pounds ago, she went from member to employee to co-owner of two local Curves franchises.

The program's 30-minute workout combines strength training and sustained cardiovascular activity and is what Nancy credits with her success.

"Everyone is busy, but who doesn't have the time to make 30 minutes for themselves," she said, "In 30 minutes, you will work every muscle."

Currently, new members pay \$39 per month, and guest passes are available for the curious. For information, call (813) 413-8400.

Bell Shoals Jubilee



Photo by LESLIE WHITE

Bloomingdale resident Terri Poole and her son, Tommy, enjoy the Spring Jubilee at Bell Shoals Baptist Academy, where Poole is Assistant Director of Preschool and Tommy attends first grade. The annual Jubilee is the Academy's major fundraiser for the tuition assistance program.

Keep practice fun by practicing with your child. Add games to the practice, and have good communication. Your tone of voice should be full of emotion using inflection to commend your child on a good shot. Use the same inflection while encouraging your child after a poor shot. Pay attention with enthusiasm when your child begs you to "look" or "watch." Saying your child's name in each sentence lets your child know that he/she has your attention. If using training aids, make sure to keep them colorful to keep the activity fun. Drills should be put into games where the child can earn points and small prizes. Incentive is very important to keep interest.

As your child grows into the sport, make sure you provide them with instruction-the Junior Golf Academy and Summer Camps 2009 at Bloomingdale Golfers Club (for levels Beginner to Advanced) are examples of great programs for your junior golfer. Your child is a part of the future of golf. This is a game he/she can enjoy the rest of their life. Whether your child becomes the next



Tiger Woods or a Saturday morning golfer, he/she will thank you for bringing them into one of the best games on earth. So give them your influence...your best influence.

Megan Younkman LPGA Class "A" Professional Director of Instruction Bloomingdale Golfers Club

The WNBA Is Calling



YMCA Youth Basketball League 9 and under. Left to right - Lauren Chadderton, referee Bill Johnson, Emilee Runnels.

We've Moved!

More Spacious Office - Newer Technology - Same Great Team!

ARNOLD

330 East Bloomingdale Avenue BRANDON

Bloomingdale Executive Park (½ Block West of Bryan Road)

(813) 689-1529

Dr. Scott Arnold of Arnold Dentistry in Brandon maintains many area family smiles. He performs routine dentistry. However, he has the training and technology to give your smile that extra help if you want or need it. His team will make you feel welcome and is committed to your comfort.

Now Accepting New Patients!

We Accept Most Insurance

0002684349-0

www.MyArnoldSmile.com







D.D.S., P.A. Mayuri V. Patel, D.M.D

929 Oakfield Dr. • Brandon • 685-3511 Standard Active Treatment \$3,723 to \$4,587 Records Fee \$278 • Retainers \$305 to \$440

#08450 #08550 #08750
www.stubbserthodontics.com • •
Most Insurance Accepted • Evening Hours

TALK AROUND TOWN

By JOY BOISSELLE

"Talk around Town" is a section of your hometown newspaper that seeks to reach out to the community. Every month, residents and those who work in our community will be asked a question, sometimes light-hearted, sometimes serious, and asked to respond.

Do you have a question you would like to have asked?

E-mail your suggestions to InBloomingdaleNews@tampabay.rr.com.

Traffic has long been an issue in our area. From sun up to sun down, Bloomingdale Avenue is literally packed with motorists, Lithia-Pinecrest Road is a two-lane parking lot, and our own, Nature's Way, resembles a motor speedway.

This month's question:

"What bad driving habit annoys you most?"



Vickie Morehouse, Augusta resident

"What really gets to me is drivers talking on their cell phones. They slow down, veer off, and just don't pay enough attention to the flow of traffic."



Gordon and Pat Bowker, Riverhills resident

Gordon-"Tailgating annoys me. It is an indication that another driver wants me to do something different...speed up, move over...it is intimidating."

Pat- "Drivers need to use their turn signals; it is crucial around the Twin Lakes area."



Amanda Lankford, Bloomingdale West resident

"What annoys me most is drivers who don't use their blinkers when turning or changing lanes. People will stop all of the sudden; it's nice to have warning ahead of time."



Erik Turner, Valrico resident

"A bad habit of mine or other people! My biggest pet peeve is with drivers on the interstate. It annoys me when people go slowly in the passing lane and won't get over for faster cars."

Come To The Blooming Jam Session

Several Bloomingdale area folks are getting together to play some music, sing some songs and enjoy each other and the day. Most play guitar, some come with banjos, bass guitars, one even had a violin....ah fiddle once. Join the band and play in the round. Bring your non-amplified instrument and your voice for a musical Saturday afternoon in the park.

Music lovers of all ages come out and join the fun! Everyone is welcome and it's free!

The Blooming Jam Session is held at Bloomingdale Park East on Nature's Way on Saturday, April 18 from 1 p.m. to 4 p.m.

For more information, please call (813) 477-7120.

Childcare, Right Here

By LESLIE WHITE Bloomingdale Gazette

La Petite Academy is currently enrolling for summer. The academy, located conveniently inside the Bloomingdale Community, accepts children from 6 weeks to 12 years of age and offers a full curriculum for all students which focuses on getting them ready to enter kindergarten. The academy currently offers VPK throughout the school year.

"We are looking to do summer VPK for the first time and we need at least 4 children enrolled to start it," said director Kim Sewell.

To enroll, parents need to obtain a certificate through the county's Early Childhood Learning Coalition and bring the certificate in to the Academy office. The VPK program is free, runs from 9 a.m. to 12 p.m. and meets state qualifications. The program will assign no more than 12 students to a teacher, and that teacher will hold a bachelor's or master's degree in education. La Petite Academy in Bloomingdale currently has 20 employees and 95 children enrolled. It offers pickup at Cimino, Lithia-

Springs and Alafia Elementary schools daily.

"La Petite has educated children nationwide for 30 years, and in the Bloomingdale location for 20 years," said Sewell. who has been with La Petite for more than 13 years. "I love to see many of the children I've had out in the community, and I love to see how they've

But what she loves best, she says, are "the everyday challenges and seeing the kids learn and grow and develop."

La Petite Academy is located at 1011 Greenhollow

Photo by Leslie White

0002665569-01

Students also built popsicle stick houses during the construction unit

Lane between Nature's Way 3528. For more information and Bell Shoals Road. The phone number is (813) 684-

about the VPK program visit vpkhelp.org.





THE DANCE CENTER

Residence of **Brandon Ballet**

161 E. Bloomingdale Avenue Brandon, FL

www.brandonballet.org Email: dance@brandonballet.org

(813) 684-4282

Alice Holden Bock, Director



Modern, Jazz, Tap, Acro

Choreography Ages 10-Adults

July Open Classes,

· Ballet Boot Camp.

Acrobatic Camp

Ages 6 & up

Teens/Adults

In One Week Sessions

In One Week Sessions

Ballet Modern, Jazz, Tap

Salsa, Dance Vocabulary

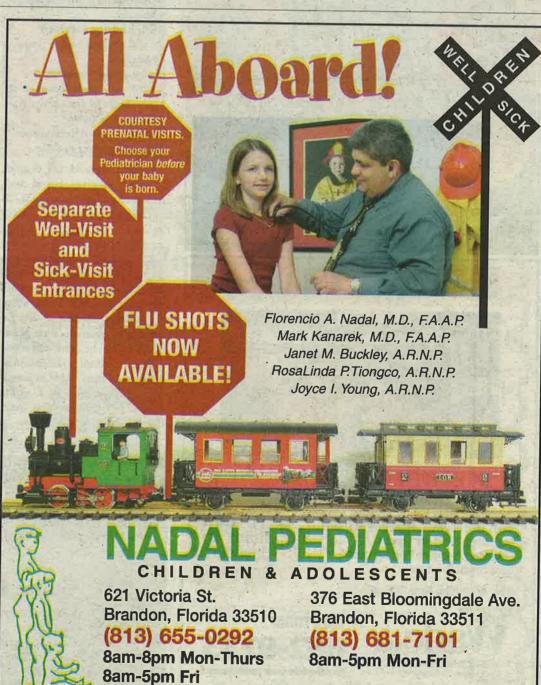
Ballet, Pointe, Variation

June Open Intensive

Ages 4-11

Private Coaching Available

Please Call for Times & Dates 684-4282



www.nadalpediatrics.com

Dinner @ 6

6 ingredients, 6 servings or 6 hours in the crock pot These recipes will help your family have dinner @ 6!

Chicken, Pasta Recipe Shows Versatility

Spring is officially here and with it comes an abundance of daylight hours, fresh herbs and in-season veggies. The recipe I'm sharing with you today takes into account of all of the above as well as the fact that with spring often comes an

increase in the amount of time spent on extracurricular activities, which can put any cook in a time crunch to get a meal on the table to accommodate the revolving door of family members with varied schedules. The key to this dish is, in a word, versatility. In my experience, the more hectic the schedule

the more challenged I am to get something on the table that appeals to all the various taste buds that live here. What I like about this recipe is that it can be served as a meat with two sides or a one-dish wonder.

The basic premise is simple. A simple seasoned chicken breast paired with your pasta

6 boneless, skinless chicken

of choice, accompanied by two vegetables - one red, one green - all topped with your favorite sauce. Here's the version I like the best, but I have enjoyed experimenting with the seasonings and vegetables I pair

Simple. Satisfying. Savory. That's this month's dinner @ 6!

Until next month

Leslie White can be reached by emailing: lwhite bloomingdalegazette@yahoo.com. For more recipes visit Dinner@6 online at dinnerat6-lesliewhite. blogspot.com. Readers invited to share their quick and easy meal solutions, comments

Pan Seared Chicken with Penne Pasta & Vegetables



breasts 1 stick butter, softened 2 tablespoons fresh basil, chopped 1 pint grape tomatoes 2 (14 oz.) cans quartered artichoke hearts, drained 1 box penne pasta 2 (15 oz.) jars Alfredo sauce Salt and pepper to taste Preheat oven to 425 degrees.

refrigerated then added in later.)

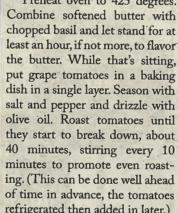
olive oil. Slather basil butter on each chicken breast. Season with salt and pepper. Place chicken in skillet, making sure both sides are seasoned. Cook each side until a deep golden brown. While chicken is cooking, bring pasta to a boil and cook according to package directions. Drain. Once

chicken is done, remove from

pan and reduce heat to medium.

Let chicken rest 10 minutes

before cutting. Cut into strips or you can leave it whole and place it on top. While chicken is cooling, place roasted tomatoes and drained artichoke hearts in skillet, stirring to remove pan drippings and combine seasonings. In large casserole dish, combine pasta, vegetables from skillet, sauce (as much or as little as you like) and chicken. Stir to combine. (Serves 6)



In a large, non-stick skillet heated to medium-high heat. drizzle about a tablespoon of



Get Ready For Water Restrictions

Photo and Story by Leslie White

In March the Tampa City Council banned the watering of lawns via sprinkler systems effective April 3. City residents and businesses will have to water by hand, and only once a week. Though this will only affect those living in the city of Tampa, other cities may consider following their lead as a result of the three year drought that has plagued our region. For the most upto-date information on watering in your area, visit hillsboroughcounty.org/water/restrictions or call (813) 275-7094 to hear a recorded message concerning restrictions.



www.drbrantwade.com

Bulls Baseball Shows Promise



Photo courtesy of the Aquaviva Family
Bloomindale Bulls 2008-2009 Varsity Baseball Team

By Leslie White

Bloomingdale Bulls baseball is really in the swing of things with a 7-4 record overall and 5-3 in district play, according to Coach Kris Wilken.

"Pitching has been our strong point all year," he said, "but as of late we have become a pretty good offensive team as well."

In his second year as head baseball coach, Wilken started his preparations for this season last spring while many of his players were headed out to play either travel ball with select teams or Legion ball with him.

"They had a six-to-eight week period before January where we hit the weight room pretty hard," he said. "They are going nonstop and they work extremely hard and many are seeing the benefits of their work ethics."

Wilken knows baseball is all about district play and he believes Brandon and Armwood are his team's main opposition.

"Brandon is always a rivalry game, and with them and Armwood ahead of us in the standings, I would have to say those are our biggest games," he said.

After this season, the Bulls will lose seven seniors – three pitchers, two catchers and two starting outfielders.

"Senior RJ Brown has set the tone for us every game he has pitched by giving us a chance to win," said Wilken. "He is a great competitor and a hard worker. I have to admit I didn't expect him to swing the bat as well as he has - that has been a nice surprise."

On offense, while Wilken's team may lack a superstar, it is not a major concern to him.

"It's difficult to list just one or two guys," he said.

Still, two lower classman have been surprises, second baseman Richie Martin and centerfielder Austin Wilson.

"They don't play like freshman," he said. "They have been amazing."

But that's not to slight the rest of the infield.

"I am very happy with the play of my shortstop Sam Morgan and my third baseman Sal Giardina," he said. "Offensively and defensively they have been outstanding,"

He also gave praise to Ryan Sugar.

"He is having a fantastic year, as is designated hitter Jeff Griffith, who has arguably been the best hitter for us,"he said. "So a lot of guys have contributed, which is what a coach wants."

Senior RJ Brown's mother, Mary, agrees with Wilken.

"I would say that in my five years as a Bloomingdale base-ball parent, this team started the season with a team bond I have not seen in the past," she said. "Halfway through the season, that bond is still there. They pick each other up, work as a team, and truly want the best for each other, from our seniors to our starting freshmen, and anyone coming off the bench. We also have the parents, and that allows the coaches to focus on what goes on within the chalk lines."

Let Pinch A Penny service your pool

- Equipment Installation, Service & Repair
- Maintenance Plans
 Starting At \$65 a Month
- Trained, Professional Service Techs

Contact Kim,
Stacey or the crew.
We are here to
serve YOU!

PINCH-A-PENNY POOL-PATIO-SPA

The Perfect People For A Perfect Pool

LIGH CPC145750

Boyette/FishHawk • 13448 Boyette Rd. • 813-657-1054

Located at the corner of Boyette Rd. and Bell Shoals Rd.

For the store nearest you, call 1-800-234-1616 or visit www.pinchapenny.com

16 Months, No Payments or up to a \$1,000 Rebate

when you purchase any qualifying Trane XLi system between March 2 and May 30, 2009.*



May Qualify for up to \$1,500 Federal Tax Credit While you can't control the elements outside your home, inside, the control is yours - with Trane. And when you purchase a qualifying Trane system between March 2 and May 30, 2009, you can get up to \$1,000 back, or 16 months to make a payment. If you want to add value to your home and everything you do inside of it, it's the opportune time to buy. Trane... Heating. Cooling. And Beyond.

Call now for 16 Months No Payments financing, or up to a \$1,000 Rebate!

KEN HOPE WWW.kenhopeac.com License # CAC043887
AIR CONDITIONING & HEATING MYC.

671-2107 • 685-HOPE



It's Hard To Stop A Trane

*Office period Mench 2 - Mary 30, 2009. Fenomatin is resultable on qualifying systems and accessories only and may very dependence on mobile. Before up to a maximum of \$1,000 is ovailable on qualifying systems and accessories only and may very dependence on mobile. Before up to a maximum of \$1,000 is ovailable on qualifying systems and accessories only and may very dependence on mobile and the first order of the first of the first order of the fi

963769-01

0002691527

Spring Is Here — Be Cautious

By CRD PETE MAURER

Spring is here. The flowers are blooming in Bloomingdale. and the grass is trying to grow. Both need much more rain. Part of enjoying our beautiful state is spending more time participating in outdoor activities, especially with our kids. This means more open doors, parks and playgrounds filled with fun seekers, and sidewalks with lots of bikers and joggers.

And not so far away, summer will follow and school will be out. Now is the time to be sure

both you and your children are ready to enjoy a safe and secure spring and summer. These are some of the prime days for sexual predators to come out of their nests.

Law enforcement will continue to do all we can to keep these individuals away from your children. We have information at the Community Station and on the Sheriff's Web site. Get informed.

Along with predators there are also gangs that will be trying to entice or threaten. your kids, especially your teens. Become educated on how they

work, what signs to look for and how to advise your teens to protect themselves.

Gangs also are involved in crimes like robberies and burglaries. In fact, this is what makes groups of criminals become gang members. Their common interest is crime. Be extra cautious when you're shopping, especially at night. Some of their other interests are drugs and guns. The number of local robberies and burglaries is up, with gang activity one factor and the economy the other. Lock up your cars and homes. Notify the Sheriff's Dispatch at 247-8200 if you see any suspicious activity in your neighborhood.

Also, remember that your Citizens Patrol, members of your community who volunteer to receive special training so they can help protect your community are on patrol and ready to help.

PARENTAL INVOLVEMENT - THE KEY TO PROTECTING YOUR KIDS

One of the major factors in protecting your children is your getting informed and involved. Those in law enforcement simply can not protect all children by ourselves: We can and must face this serious problem together and we need the help of every law abiding member in our community to protect our treasures.

Parents, please listen. It comes down to a very basic question, "Have you as a parent taken the time to sit down and carefully explain to your children how important it is to be aware of their surroundings, to be cautious of strangers and most importantly, what to do if someone tries to harm or abduct them?" Until your answer is yes, your children are at risk because they do not have the knowledge and understanding they need to be safe.

Please remember, kids can get easily distracted, so you must continue to know where your children are, whom they are with and build a relationship of trust and concern with them. Do this so they will let you know what they are doing, where they will be and be able to take care of themselves.

Time is critical. Take the time to do what is needed as soon as possible. It only takes a few minutes for young children to be

PARENTS -YOU'RE NOT ALONE

Parents, the good news in all of this is that you are not alone. You don't have to become paranoid and terrorized. Most people around you and your children are good, but we must all face the fact that some are not. Both parents and children must learn more about how to protect themselves. Most of those who are abducted don't get second chances.

There are many groups in our community who are directly involved in helping prepare both parents and children for the unseen dangers in our world. Local YMCAs are offering special classes in self-defense. Many Web sites contain excellent information on these critical topics.

One important step that you can take is to have your chil-



Deputy Pete Maurer tion at (813) 635-8040.

Remember those and their families who have had their young lives taken away too soon! Make their lives count for something positive.

CHECK OUT THESE SPECIAL WEB SITES

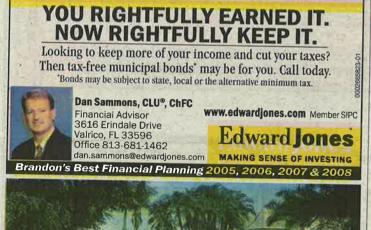
These websites offer for additional information on "Stranger Danger" and other important child safety topics:

- · childsafetyexperts.com,
- · safekids.com,
- theparentreport.com

Also, check out hcso.tampa. fl.us There is a special area at this site that lists all of the currently registered sexual predators living in our communities. Know where they live.



Deputies Waters and Burchell stopped by the Bloomingdale Substa-



Lawn & Landscaping Serving Bloomingdale for over 8 years RESIDENTIAL & COMMERCIAL SPECIALIZING IN FULL DETAIL

· Mowing · Edging

- · Line Trimming
- · Hedge Trimming
- · Weed Control · Irrigation
- Landscape Design & Installation
- · Landscape Lighting · Tree/Palm Trimming
- Sod Installation
- · Mulch/Bark & Rock · Fertilization

Call Jeff for Free Estimate Lithia Office 737-6707 Cell 503-2828



Cheer Champs

Bloomingdale High School cheerleaders are state champions for the second year in a row. The 20 girls on the varsity squad took the title in competitions held in Tallahassee in March.

Photo by Leslie White

CAMPBELLS

community-minded as well.

Campbell's routinely donates to schools and nonprofit organizations in the way of rewards or to help out with fundraisers and special events. The store also is very giving to special patrons with four legs.

"We have a lot of regular dog customers," said Jill, and she isn't referring to customers. Campbell's gives free treats to their tailwagging guests – a tiny ice cream cone topped with a dog biscuit. "We get a kick out of watching the dogs enjoy them," she said.

Campbell's also caters to those with special dietary needs.

"Our father is a diabetic, so we are very aware of the need for a sugar-free treat," said Paules. "We offer sugar-free ice cream sugar-free hot fudge."

Another treat they offer is more for the budget. Every Tuesday, Campbell's offers \$3 banana splits, both the vertical and the old-school horizontal variety.

To celebrate their 24th anniversary, Campbell's Dairyland invites the community to come by on April 8, mention this article and their anniversary to receive 10 percent off any order.

Campbell's Dairyland is located at 200 S. Parsons Avenue. They are open Monday through Thursday, 11 a.m.-10 p.m. Fridays, they are open from 10:30 a.m. to 11 p.m. Saturdays Campbell's is open from 11 a.m. to 11 p.m. and Sundays from Saturdays from 1 p.m. to 10 p.m.

To have orders ready when you drive up, call 685-1189.



St. Stephen Catholic Church

Holy Week Celebrations

Palm Sunday — April 5 Bring Your Palm Branches to Mass! 8am, 9:30am, 11:30am, 5:30pm Saturday Vigil Masses 4pm & 6pm Easter Egg Hunt 1pm

Chrism Mass — April 7 11:30am at the Cathedral in St. Pete Everyone is welcome!

Sacred Triduum

Holy Thursday — April 9

Morning Prayer 8am
Mass of the Lord's Supper 7pm
Eucharistic Adoration 8-Midnight
under the tent

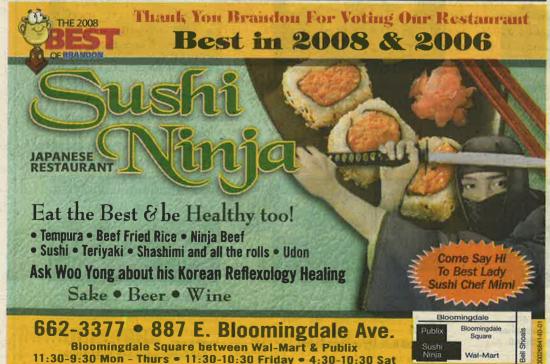
Good Friday — April 10
Register your child for our 10am-2:30pm
retreat (671-4434)
Divine Mercy Novena begins 2:30pm
Celebration of the Lord's Passion 3pm & 8pm
Living Stations of the Cross 8pm

Holy Saturday — April 11
Blessing of Easter Food 11am
Divine Mercy Novena 3pm (daily until April 19)
Easter Vigil celebration 8:30pm

Rejoice! He is Risen!

Easter Sunday — April 12
7am Sunrise at the School
8am, 9:30am, 11:30am (in church and tent)
5:30pm in the church

5049 Bell Shoals Rd, Valrico www.ststephencatholic.org • 689-4900







354

THE EZELL/THOMPSON TEAM

BETHANY EZELL 813-404-0567 **KESIA THOMPSON 813-240-3855** WWW.YOURTAMPATEAM.COM



Call the SELLING TEAM... To get your home SOLD...

The Ezell/Thompson Team are your SHORT SALE EXPERTS... We answer all of your SHORT SALE questions and get the best deal for you. Put our experience and expertise to work for you. We also have an attorney working with us at no additional cost to you.



Another Custom Hannah Bartoletta home in the gated Eagle Ridge backing to private wooded lot-heated pool/spa with outdoor kitchen~huge kitchen with open floorplan~over 3100 square feet 4/3/3.

Call Bethany Ezell today 813-404-0567 for this amazing value in FishHawk Ranch



David Weekley Sparta with fireplace, wall unit Cambria countertops - short sale - \$299,900 CAN CLOSE QUICK!!!!!

> **Your Short Sale Experts** Call Kesia today...240-3855



Home loaded with upgrades to include granite in the kitchen~New carpet and paint throughout home~New solid wood front door with etched glass-custom crown molding in family room and foyer~private backyard~screened lanai \$189,900

> Call Bethany today for a private tour 813-404-0567



Home in the gated Martin Meadow... New Hardwood floors throughout home and stairs-bonus room with closet~Over 2800 sqft~4/4/3~This home is gorgeous! Art niches and custom paint throughout!

> Call Kesia today for a private tour... 813-240-3855



Custom Touches Galore~Raised Baseboards~Wood Floors~42" Cherry Cabinets with crown molding and stainless steel appliances are just a few

Call Mike Ezell (813-404-7407) for the lowest interest rates on this home... then call Bethany Ezell 813-404-0567 for a private viewing



4/3/3 home with gorgeous pool/outdoor kitchen and private lot~loaded with upgrades this home

Call Kesia today for details and a private tour of your future home...813-240-3855



This David Weekley built home is gorgeous. Custom decorator touches everywhere with granite countertops in the gourmet kitchen and baths. Hardwood floors throughout. upgraded light fixtures and more. in huge lot

Call Kesia today... 813-240-3855



Custom Hannah Bartoletta home in the gated Eagle Ridge~over 3400 sq. ft. plus 3 car garage and heated pool/spa sitting on private conservation...

Call Bethany today 813-404-0567 Call Mike Ezell 813-404-7407 for amazing interest rates on this new home purchase



FishHawk Ranch in the gated Avocet-Hannah Bartoletta built custom estate home with over 4000 sq. ft Heated pool/spa and exquisite outdoor kitchen ~ 4/3.5/3 \$749,900

> Call Bethany Ezell 813-404-0567 today!



This home has tile and wood laminate and sits on an oversized conservation lot ~ Open floorplan with forma living/dining and family room \$189,000

Call Kesia today for a private tour of this home and come and enjoy the FishHawk Ranch life~813-240-3855



STUNNING DAVID WEEKLEY BUILT POOL HOME LOCATED IN GATED TERN WOOD. . . 4 bedroom/4 bath/3 car gar/plus upstairs bonus/2nd den and office , over 3500 sq. ft plus pool on private lot... new construction never lived in... loaded with all of the right upgrades... \$559,000

> Call Kesia for details and a private tour today... 813-240-3855



Hardwood Floors ~ 4/3/3 plus bonus plus office... over 3000 sq. ft... oversized screened lanai with slate tile... fenced in backyard with pond/conservation views...

Call Bethany today for a private tour... 813-404-0567...or Call Mike Ezell 813-404-7407 to get the best interest rates on this home purchase!!!



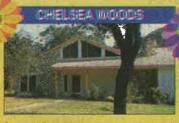
4/3/2 with over 2700 sqft living area~NOT A SHORT SALE~Just priced below market... Call us today to get the best deal in this market \$225,000

Kesia...813-240-3855



David Weekley built in the Garden District. . SHORT SALE. We are the short sale experts. Call us today with your short sale questions .. 4/2/2... cambria countertops//central vac system//front porch swing facing conservation area \$260,000

Bethany...813-404-0567



Custom built home sitting on 1/2 acre in desired Valrico neighborhood Great Location Wood fireplaces~loft~pool and more.

Call Bethany or Kesia Today



In the gated Tern Wood. . Custom Built by John C. Fowke...honeycomb ceiling//2 outdoor living areas with outdoor fireplace//granite in the amazing chef's dream kitchen//wood floors...and so much more. ..\$889,900

Call Bethany 813-404-0567 today!