

THE BLOOMINGDALE GAZETTE

Volume XXX
Number 4

APRIL 2010 • THE OFFICIAL PUBLICATION OF THE BLOOMINGDALE HOMEOWNERS ASSOCIATION SINCE 1980



Photo by KIM WALLACE

Andrew Olivera is this years 2010 winner in Bloomingdale Idol.

Hitting all the right notes

Singers in the Bloomingdale area take the stage to learn who truly is the best. See photos, page 3.

Through the rabbit hole

Bloomington's Theater Department takes on Alice in Wonderland. See photos, page 8.

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QUOTE OF THE MONTH

"Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient of teachers."

Charles W. Eliot

FREE SEMINARS, CLASSES AND SUPPORT GROUPS



Brandon Regional Hospital

APRIL 2010

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260 S. Moon Ave., Classroom B, Brandon

Minimally Invasive Spine (MIS) Surgery

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PRESENTED BY
Philip Henkin, M.D.
Board Certified Neurosurgeon
Tuesday, April 6th
1:30 p.m. - 2:30 p.m.
Sun City Center Community Association Florida Room in the Atrium 945-D North Course Lane Sun City Center

Lap Band Seminar

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PRESENTED BY
Richard L. DiCicco, M.D.
Bariatric Surgeon
Board Certified General Surgeon
Tuesday, April 6th
6:30 p.m. - 7:30 p.m.
260 S. Moon Ave.,
Classroom B, Brandon



The American Cancer Society's Man to Man Support Group

USING RADIATION TO TREAT PROSTATE CANCER



PRESENTED BY
Virginia Goytia, M.D.
Radiation Oncologist

Tuesday, April 6th
6:30 p.m. - 7:30 p.m.

262 S. Moon Ave.,
Classroom A, Brandon.
Companions welcome.
No reservation required.

Stroke Support Group

Thursday, April 8th

10:45 a.m.-11:15 a.m.

262 S. Moon Ave., Classroom A, Brandon

Pre-Op Orthopedic Class

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Thursday, April 8th & 22nd

3:00 p.m. - 4:00 p.m.

262 S. Moon Ave., Classroom A, Brandon

Cardiac Support Group

MEDITATION AND HEART DISEASE



PRESENTED BY
Saba Thangam, M.D.
Interventional Cardiologist
Board Certified Cardiovascular Disease

Thursday, April 8th
6:30 p.m.-7:30 p.m.

260 S. Moon Ave.,
Classroom B, Brandon

Nutrition For Cancer Prevention And Treatment Class

Wednesday, April 14th

2:30 p.m. - 3:30 p.m.

260 S. Moon Ave., Classroom B, Brandon

Hormones, Health & Happiness:

WHAT YOU SHOULD KNOW ABOUT HORMONE REPLACEMENT THERAPY



PRESENTED BY
Ignacio Armas, M.D.
Board Certified Obstetrics & Gynecology

Tuesday, April 20th
6:30 p.m.-7:30 p.m.

260 S. Moon Ave.,
Classroom B, Brandon

Surgical Weight Loss SEMINAR & SUPPORT GROUP

Answers your questions about the benefits of gastric banding and bypass surgery.



PRESENTED BY
Alfredo Fernandez, M.D.
Bariatric Surgeon
Board Certified General Surgeon
Thursday, April 22nd
6:30 p.m.

Seminar - 260 S. Moon Ave.,
Classroom B, Brandon
Support Group - 262 S. Moon Ave.,
Classroom A, Brandon

Gestational Diabetes



The program includes:
Medical Nutrition Therapy;
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Meetings: first Tuesday
in January, March, May,
September and November
at 7 p.m.

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to Bloomingdale
residents on the first
Saturday of each month.

The idols of Bloomingdale

Photos by KIM WALLACE



Kalie Wendt came in 2nd place in Bloomingdale Idol.



Andrew Olivera is this years 2010 winner in Bloomingdale Idol.



Judges for Bloomingdale Idol (left to right) Janet Frankel, Lisa Pierce, Andrea Peacock and Miguel Oquendo, judged 18 contestants and selected 6 to compete in the finals.



Jessica Parker was one of the top 6 finalist to compete for the title of Bloomingdale Idol.

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Welcome to the 2010 John E. S. Cochrane Golf Schools Spring Break Junior Golf School at **River Hills Country Club** and **Bloomington Golfers Club**.

Our goal is to provide a fun and effective learning environment encouraging each "Junior" to develop his or her golf skills to their highest potential. Throughout the week-long camp, the kids will be working on all components of **The Full Swing** and **Short Game Fundamentals**.

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Junior Camps 5 Days
(April 12 to 16)

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8:00 am to 12:00 noon

Example of Daily Camp Schedule

8:15 am
Check-in

8:30 am to 9:00 pm
Classroom training, rules and etiquette

9:00 am to 10:30 am
Range training, Grip, stance, posture and finish position

10:30 am to 11 am
Break and classroom review

11 am to 12:20 pm
Putting and Performance games for prizes

12:30 pm
Pick Up

Bloomington Golfers Club

Spring Break

Junior Camps 5 Days
(April 12 to 16)

Monday to Friday:

1:30 pm to 5:30 pm

Example of Daily Camp Schedule

1:15 pm
Check-in

1:30 pm to 2 pm
Classroom training, rules and etiquette

2 pm to 3:30 pm
Range training, Grip, stance, posture and finish position

3:30 pm to 4 pm
Break and classroom review

4 pm to 5:20 pm
Putting and Performance games for prizes

5:30 pm
Pick Up

For more information on the *Spring Break Camps* and other programs offered, please go to www.johnescochranegolfschools.com or contact us at info@johnescochranegolfschools.com

New Community Resource Deputy named

By **MACK AUSTIN**
Honorary Deputy/BACC

At the March meeting of the Sheriff's Bloomingdale Area Community Council (BACC), members of the BACC and several deputies from the Sheriff's Office formally welcomed Master Deputy Curtis Warren as he assumed his new position as the sheriff's Bloomingdale Community Resource Deputy (CRD).

I would like to also welcome CRD Curtis Warren, congratulate him on his new position and introduce him to the Bloomingdale community.

CRD Warren is a long time resident of the Bloomingdale area, in fact, for more than 15 years. He has served in several key positions within the Sheriff's Office including patrol deputy, detective and jail deputy. He has served in the HCSO for over 27 years. His son is also a deputy and works at the Falkenburg jail.

CRD Warren began his long career of service to others while serving in the United States Air Force as a radar technician.



Sgt. Susan Bradford, Sergeant of District IV Investigative Section, congratulates Community Resource Deputy (CRD) Curtis Warren.

CRD Warren takes over the Bloomingdale CRD position with a wealth of experience in the Sheriff's Office as a deputy who has served for many years right here in the Bloomingdale community. He has covered the full spectrum of law enforcement duties within our community. CRD Warren noted that, "I know personally the good and the bad about what is going on in Bloomingdale in terms of criminal activity and the law enforcement measures that are in place to reduce crime. I am ready to hit the ground running and continue the outstanding programs that are already in place. I love to work and I love to work with effective teams like you have in Bloomingdale, not only within the Sheriff's Office but also with the large group of dedicated residents working with us."

He also noted that, "The Bloomingdale Area Community Council (BACC) has proven itself to be an effective tool in working directly with local county departments, county officials and state legislatures as they strive to improve the quality of life in our community. I will be looking forward to being a part of the continued success of this group of dedicated residents. I would also ask other residents to come be a part of your community's team."

The residents of Bloomingdale and the surrounding areas would like to extend a warm welcome to CRD Curtis Warren and his family to the Bloomingdale Community Station. We're all looking forward to working with him, CSO Sandy Capitano and with the Sheriff's Office deputies patrolling our area. We wish him much success.

Call for bands to compete in teenage Battle of the Bands competition

The search is beginning for talented teen musicians to compete in the 13th Annual Teenage Battle of the Bands hosted by the Hillsborough County Parks, Recreation and Conservation Department. The event is usually held in early November at the Hillsborough County Fair.

A list of bands interested in competing in the

2010 event is being established now.

A limited number of bands will be accepted and members must be between 13 and 20 years of age.

The bands are judged on guitars, drums, vocals, showmanship, originality and preparation.

Last year's winner, Rising Down, utilized the first place prize of studio time

to cut a three-song demo CD at Morristown Studios.

The Fair is located at 4810 E. State Road 60 in Dover, five miles east of Brandon at the intersection of Sidney-Washer Road and Highway 60.

Contact Joe Soletti, Parks, Recreation and Conservation Department, at (813) 376-5778 to sign up.

A Girl's Nite Out

On Feb. 25, Plaza Bella hosted Girls' Nite Out. All the merchants were involved in a night of drinks, dress and more, organized by De-Stress, Orange and The Green Boutique with Joel's Steakhouse, Salon Essence Salon & Spa, The Velvet Rope Boutique, Robeks, Joffrey's and Sweetie's Delights joining in. They had great specials throughout the evening including drawings, discounts, smoothie samples, sweets, drinks and food. Plaza Bella joins together with all their merchants to bring back the feel of a small town shopping experience. They host several events throughout the year to bring the community closer together. For information call The Green Boutique at (813) 685-9494 or Orange at (813) 681-8686.

Story and photos by KIM WALLACE



Pam Robetor is enjoying a night out shopping for herself with no interruption at Orange.



Elizabeth Owens with daughter Debbie Floor, owner of Orange in Plaza Bella on Bloomingdale Avenue enjoy being together during Girls' Nite Out.



Doris Sidoti, Jewel Edwards, Diane Gill and Marie Wood enjoyed their Girls' Nite Out shopping at The Green Boutique and then on to Joel's Steakhouse for dinner!



Roz Creager owner of The Green Boutique (center), and two of her employees, Diane (left) and Karen (right) are ready for Girls' Nite Out.



The Velvet Rope Boutique owner, Cornelius Borden, is assisting his customers Nancy Montgomery, Kaylee Sawyer and Lauren Leigh do a little shopping for Girl's Nite Out.

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103 Southern Oak Drive

Bulls through the rabbit hole

Bloomington Theater Department presents *Alice in Wonderland*



Photo by Kim Wallace

Amelia Tam (Mouse), Megan Wicks (March Hare), Alex Stamey (Mad Hatter), Carter Householder (King of Hearts), Kyle Wilkinson (Cheshire Cat) and Jamie Millan (Queen of Hearts).



Megan Wicks (March Hare), Amelia Tam (Mouse), Alex Stamey (Mad Hatter) and Paige Snyder (Alice) in "happy un-birthday" scene.

Photo by Kim Wallace



Craigie Wallace (Rose/Ballerina), Stephanie Mikel (Lily/Soloist), Paige Snyder (Alice), Amber Aversa (Violet) and Michaela King (Pansy) in "Garden Scene."

Photo by Kim Wallace



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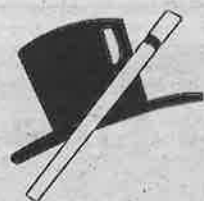
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Get ready to run with the Bulls – for a cause

By **LESLIE WHITE**

Adventure seekers won't have to travel all the way to Pamplona, Spain this year to run with the bulls, as they'll be able to do that inside the boundaries of Bloomingdale. The first of what they hope to be an annual "Running with the Bulls" 5K run/walk will stampede a route on Culbreath and Nature's Way in this inaugural race that will have coaches and players from Bloomingdale High's JV and varsity football team running alongside runners from all over the community in this 3.1-mile event.

Bloomingdale's head football coach John Booth said, "We're putting together a first-class event that reaches from the experienced runner to the non-experienced runner. It's a family event, but still a runner's event."

This professionally timed race will be held Saturday, May 15 at 8:30 a.m., the route starting at Cimino Elementary, taking a lap around the school's parking lot, exiting through the long drive, taking a left onto Culbreath, then a right onto Nature's Way at the stop sign. Runners will then head towards Bloomingdale Golfers Club and circle through the driveway entrance, back onto Nature's Way and head back to Cimino for a last lap through the parking lot before crossing the finish line.

A mini-expo will be taking place at the finish line after the race, where runners will be provided with a post-race snack and plenty of water. Booth hopes this event will foster community involvement in the school's football

program. "We want this to be a community event – an annual tradition they look forward to every year. Community involvement is the big ticket in high school sports. We want to get the community involved in our program," he said.

The 5K run/walk and 1 mile kids' run will also help the Bulls raise the funds needed to finish their locker room renovation project. So far, the team has raised enough money to pay for 20 new lockers, paint the interior of the locker room as well as paint and seal the floor. Due to some industrious parents and generous community members, the coaches now have a newly painted and re-furnished office/film room, which was furnished completely on

donation. It's that community support Booth has sought to build since he arrived at Bloomingdale a little over a year ago. "I tell the kids they're not just representing our school, but our community. It gives them ownership of who we are and what we have. It shows them someone believes in them," said Booth, who has worked to organize several community events to help build both awareness of and support for his football team.

Many local businesses have jumped on board to make the first Running with the Bulls a successful event. Tropical Smoothie, Beef 'O' Bradys, Brandon Chiropractic and Hit the Trails are supporting the

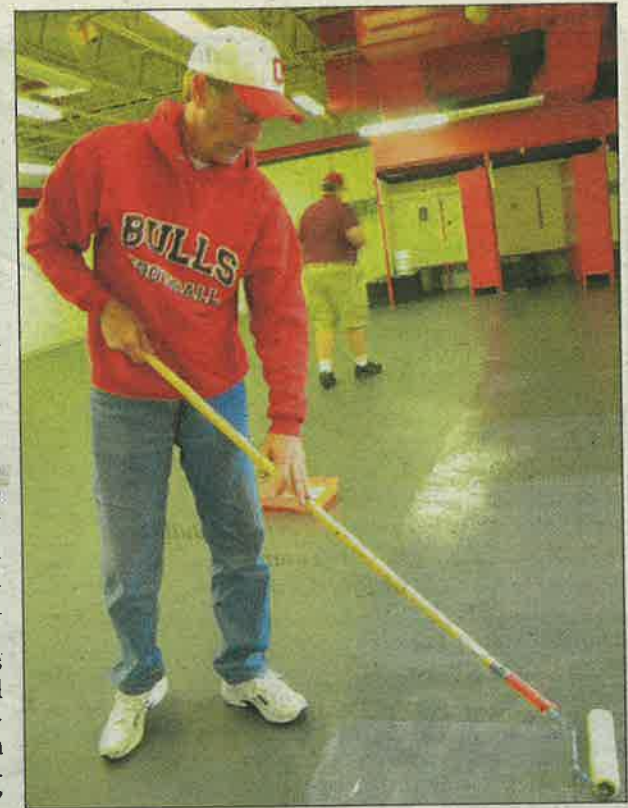


Photo by **LESLIE WHITE**

Football parent Dave Dittfeld donates his time to paint, seal and eventually stencil the floor of the Bloomingdale Bulls' JV & Varsity locker room, undergoing its first renovation since the school's opening in 1987.

See **BULLS**, Page 11 »



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BULLS

Continued From Page 10

Bulls, who are still actively seeking sponsors and tent vendors for the May 15 race and expo. All sponsors will be featured on the T-shirts given to the first 100 adult and the first 25 child registrants.

Interested runners, walkers and stroller pushers can register online at www.active.com, keyword "Running with the Bulls." The cost is \$25 advanced, \$30 day of for the 5K run, \$15 for 9-12-year-olds to run the 5K. There is a quarter-mile run for under 9 that will cost \$5. Active.com offers a variety of free training programs for the beginning runner. Couch to 5K plans will get anybody ready in six weeks. The site also offers training programs and numerous tips to increase any runner's speed or enhance

their performance.

"Hopefully the race will be something people will enjoy doing," said Booth. Prizes will be awarded to the top three finishers in age category and the top three overall.

Registration forms are also available in the front office of Bloomingdale High, at Cimino Elementary, and around various businesses within the community.

The next "Building Our Future" fundraiser will be April 5 from 5-8 p.m. - Chic-fil-A on Causeway will donate a portion of proceeds from every order mentioning the Bulls.

Bulls BBQ Bash and Spring Red/White game

The 2nd Annual Bulls BBQ Bash and Spring Red/White game will be held on campus the night before the race, and community members are encouraged to come out and get a glimpse of what the 2010 Bulls have to offer. The event will have a catered pulled pork BBQ dinner just before the start of the red and white game. Tickets are \$8 for the dinner and the game, or just \$3 to get in the game. Packet pickup will be at Charley Harris stadium entrance from 3 p.m. to 7 p.m. May 14th, or beginning at 7:30 a.m. Saturday, May 15th.



Photo by LESLIE WHITE

The coaches' office/film room was remodeled courtesy of parents who donated time and talent to repaint and stencil the walls, and community members who generously donated used office furniture and a refrigerator to help the football program realize their goal of renovating the locker room.



Photo by LESLIE WHITE

Ready to run

Alan and Karen Chastain of Bloomingdale ran the Global 5k at Bay Life Church in March as their daughters watched and cheered them on during the 3.1 mile fundraiser.

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EASTER SUNDAY

April 4th at 8:30 or 11:00 a.m.

Dr. Stephen Rummage will share a message entitled "Life. Death. Victory" as we celebrate Easter at Bell Shoals Baptist Church.

First time guests are invited to a reception with Pastor Rummage following both services.

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Photo by LESLIE WHITE

Saturday stroll

These two Sandhill Cranes came warbling through River Crossing very early one Saturday morning, one echoing the other as they walked down the street and sidewalk.



Photo by RAY CHADDERTON

On track

Bloomingdale Bulls boys track team at Leto track meet. Cormac McCarthy, Coach James Booth, Ryan Chadderton, Alberto Gomez.

AN ADVERTISING PAGE OF THE TAMPA TRIBUNE

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Karl to speak at author event

Attorney and public servant, Fred Karl, will be the featured speaker at the first annual "Breakfast with an Author" event hosted by the Friends of the Library of Tampa-Hillsborough County, Inc. at the University Club, 38th floor, One Tampa City Center in downtown Tampa Friday, April 9, from 7 to 9 a.m.

Mr. Karl's career in law and public service spans more than 50 years. He has led several of Florida's major public institutions, serving as a Florida Supreme Court justice, state representative, state senator and state public council. Locally his career has included positions as county administrator, county attorney, city attorney and CEO of Tampa General Hospital. Hillsborough County recognized his leadership by the naming of the Frederick B. Karl County Center in his honor.

Mr. Karl's book, "The 57 Club: My Four Decades in Florida Politics," has just been published by University Press of Florida. His story portrays a group of Florida legislators and their political friends and enemies in a time of intense turmoil that marked the late 1950s and '60s in Florida. The book has the potential to become an important part of the literature about Florida's rich political history.

An individual ticket to the event is \$50 and a patron ticket which includes a copy of the book is \$100. Table sponsorship opportunities are also available. To make your reservation, call the Friends office at (813) 273-3616 by Monday, March 29. A portion of the ticket price includes a donation to the Friends of the Library of Tampa, Hillsborough County, Inc. The fair market value of the patron ticket is \$55.

Hitting all the right buttons

Photos by KIM WALLACE



John Tucker, Chris Kimerling and Andrew Rodriguez are selling Brittani Frye a button to help raise money for special functions and supplies they need for their class for autistic students.



Nicole Collins, John Tucker, Chris Kimerling and Andrew Rodriguez are working hard to support autism by selling buttons. They design, print and make buttons themselves for special holidays and all sport teams at Bloomingdale.

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Alafia Elementary Spring Fling

Photos by Kim Wallace



Carysse and Amari Wilson are enjoying cotton candy and popcorn at the Alafia Elementary Spring Fling.



Clifford J. Amundsen, Hillsborough County Solid Waste Dept. hands out pads, rullers, car bags, little trash cans that were all made out of recycled solid waste to Julia and Josh Harbord and Lauren Harvery.



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Crimson Dolls are ready to compete, (floor) Mallory Nelson, Ashley Gonzales, Erin Anderson, Katie Masse (standing) Courtnie McRae, Amber Aversa, Ashlyn Maye, Susannah Spears, Meghan Dodds, Kristine Corba, Lauren Maley, Kelsey Scalan. This team took second place at Countryside High School Competition and fifth place at the Jefferson High School Competition.

Photo by KIM WALLACE

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Source: 2009 Scarborough, Release 1

Community service is his way of life

By LESLIE WHITE

Community service is more than an "issue" for Bloomingdale resident Norbert Gobin; it's a way of life.

For 37 years, Gobin has served as a federal employee, and for 25 of those years, he's done so from Bloomingdale. It's his method of getting him to and from his employer, MacDill Air Force Base, that has provided him an outlet for his community-mindedness and earned him the prestigious moniker of "bus captain."

Gobin began his stint as a bus commuter shortly after he moved to Bloomingdale. "I never enjoyed the 50 mile round trip drive to the base. It has been the longest of my career," he said.

It was about that time the Hillsborough Area Regional Transit Authority (HART) added the 25X to its line of bus routes. "My office hours were 8 to 5 and the bus got me to REDCOM before 8 a.m. and departed at 5:05 p.m. The bus stop was at the

entrance of what is now SOCOM. So, riding the bus was a no-brainer," said Gobin. "I could read, take a nap or just relax."

Gobin quickly became the expert on all things commuting-friendly, learning the schedules, ticket outlets, routes and parking areas in an effort to help others achieve the same stress-free commute he enjoyed. Gobin was the go-to guy for info, able to answer questions, advise and even know who to call at HART when the air conditioning blew



Photo provided

Greater Tampa Bay Chamber of Commerce Military Appreciation Banquet, Category: Special Service Award Major General Fred Raymond (Retired), Mayor Pam Iorio, Mr. Norbert Gobin, Mr. Chuck Sykes, General Norton Schwartz

on the bus. Gobin was able to keep up on the all the commuter news by attending monthly HART board meetings and staying involved, offering his input during the three minute open mic time at each meeting. It was through these efforts that Gobin was recently recognized and awarded a

"Special Service Award" for his role as 25X's "Bus Captain" by the Greater Tampa Chamber of Commerce during their Military Citizen of the Year Awards.

A humble Gobin explained, "The Bus Captain is an advocate for bus issues as they apply primarily to MacDill AFB

commuters. It is an unpaid role and a unique form of community service that has benefited thousands of military and civilian personnel at the base." Gobin keeps his commuting constituents informed via a monthly "BusChat" e-newsletter he produces from his Bloomingdale residence.

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Recommended for ages 3 and up, by the Creative Arts Theater of the City of Tampa Parks and Recreation Department. Call (813) 273-3652 or visit hcplc.org.

Swimming for the green

By LESLIE WHITE

Campo YMCA members "Swam for the Green" on St. Patrick's Day, swimming laps to raise money to help give kids a chance to learn how to swim. Aquatics director Stephanie Hoffa did her part, swimming 30 and aiming for 50. "Our goal is to send as many kids to camp as we can," she said. This all-day event was part of the YMCA's annual fundraising campaign to help less fortunate children be able to participate in activities such as camps, sports and swimming lessons. The goal this year is to raise \$180,000, and "Swim for the Green" is just one of many events planned to help the Y reach that goal. March 26 will feature a "Twilight Spin" during which members ride stationary bikes outdoors for up to four hours. For the younger, daintier crowd, there will be a Kick-a-Thon during which young dance students don tutus and high kick to raise funds. Community members interested in making a donation to the fundraising efforts can either sponsor a participant in one of these events, or drop by and pick up a pledge card from the front desk. The YMCA raised approximately \$1,800 during Swim for the Green event.



Photo by LESLIE WHITE

YMCA members could swim anywhere between 5 a.m. and 9 p.m. on St. Patrick's Day with every stroke getting them closer to raising much needed funds to help less fortunate children receive scholarships to the Y's summer activities.



Photo by LESLIE WHITE

Campo YMCA Aquatics Director Stephanie Hoffa spent her lunch hour "Swimming for the Green", getting in 30 laps by noon and aiming for more after a brief interview break.

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Here's the pitch...its a swing and a hit



Photo by KIM WALLACE

Joe Campoamor was just one of the pitchers in Bloomingdale's win against Newsome.

Giardina headed to Palm Beach State

Bloomingdale Bulls baseball player Sal Giardina recently signed with Palm Beach State College in Lake Worth, Florida. Sal has been playing baseball since he was 5 years old with his older brother Carmine. Carmine also plays baseball on the college level and is very proud of his brother.

Sal is an all-around athlete and has a natural ability when it comes to baseball. He plays third base, catches and pitches. Sal says that he will try any position to prove he can be an asset for the team. Sal stated, "My coaches have not always been easy on me, but that's what has helped me achieve my



Photo by KIM WALLACE

Sal signed his confirmation papers for Palm Beach State College while surrounded by family, friends and coaches.

goals." Head Coach Kris Wilken commented that he has enjoyed coaching Sal 99.9 percent of the time. His raw talent and his joy of the game will help him go far in his career. Sal will be heading over to Palm Beach State in August to start his training and begin earning a degree in either sports management or sports rehab.

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[on real estate]

The Strongest Link

The question on everyone's lips is, "When are things going to return to normal in real estate?" Well, if the "normal" being referred to is the conditions and shady financial dealings that created the artificially inflated markets of five years ago, then we need to be thinking about redefining "normal."

The bad lending practices of the past are indeed making it more difficult now to secure financing, but try to understand that's not nec-

essarily a bad thing. Those days of lower standards and easy money led us into this predicament in the first place. It's good for housing and for the economy when banks become interested in whether loans will be repaid.

In the "new" normal, home prices will stabilize, the number of sales will start gaining, and more people will again realize the benefits that homeownership offers, for both personal and financial security. With

historically low interest rates, affordable prices, government incentives, and motivated sellers, the housing market is already experiencing the initial signs of recovery.

All of these factors combine to get first-time buyers excited about a purchase. As these consumers enter the market, they will trigger other purchases, and the chain of transactions grows. Expect your real estate representative to reveal a wide range of affordable choices and guide you toward securing the fi-



Ray Chadderton

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Ray Chadderton of Keller-Williams Realty can be reached at (813) 601-0597.

St. John on St. Pat's

Robert St. John warms up his pipes before performing at Campo YMCA's Young at Heart St. Patrick's Day event. St. John, retired Air Force out of MacDill, is a member of the Egypt Shrine Bagpipe band and has been playing the bagpipes for about 11 years. St. John and his wife, Sharen, have lived in Bloomingdale for 24 years and were happy to be a part of the festivities at the YMCA, with Sharen saying of her husband, "He has a lot of hot air!"



Photo by LESLIE WHITE

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*Source: The U.S. Employment Effects of Military and Domestic Spending Priorities, University of Massachusetts, Amherst, 2007

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The winning bids

Quite a crowd gathered for an auction held to support the Marchin' Bulls efforts to march in England on New Year's Day.

Photo by KIM WALLACE

A big crowd is waiting for the auctioneer to start the bidding.

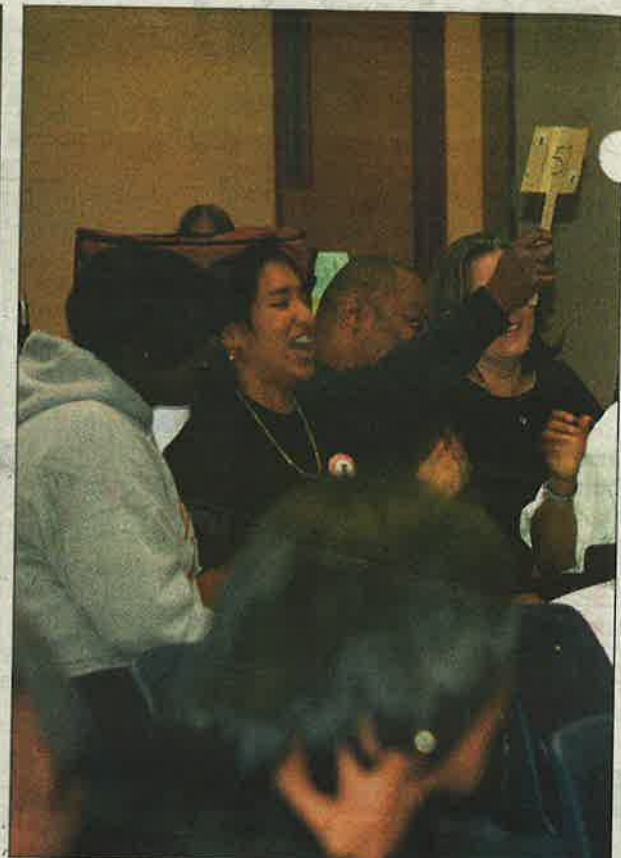


Photo by KIM WALLACE

Alysia Baxter and her family are keeping the bid going!

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Photo by KIM WALLACE

Lynna Dees with her daughter Emily Dees, who participants in the band, look over items to be auctioned off.



Photo by KIM WALLACE

Cheryl Pierce is so excited that she won the bid for the signed basketball, and her daughter Chelsea shares in her excitement.

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[dinner@6]

This month's Dinner@6 serves more than your family – it serves a purpose. Since I have signed up to be one of those “Running with the Bulls” May 15, I decided to feature a meal any endurance athlete could eat the night before a race. This is a very light, very healthy pasta-and-seafood dish that’s truly a flavor loaded one-dish wonder. For those non-runners, it also makes a great summer entrée.

Carbs have earned a bad reputation in recent years, but athletes know the night before a race is the time to consume complex carbs. These are essential to providing the glycogen stores runners’ bodies draw on during a run of any length. The key to enjoying carbs, runner or not, is to choose complex carbs,



Spicy Jalapeno Shrimp and Pasta

many of which are available in whole wheat or omega-3 enriched pastas in a variety of shapes. This will ensure that your shape will remain healthy, happy and balanced.

Leslie White can be reached by emailing lwhite_bloomingdalegazette@yahoo.com. For more recipes visit [Dinner@6 online at www.dinnerat6-leslie-white.blogspot.com](http://www.dinnerat6-leslie-white.blogspot.com). Readers are invited to share their quick and easy meal solution, comments and ideas.

THESE RECIPES WILL HELP YOUR FAMILY HAVE DINNER@6 BY LESLIE WHITE.

Spicy Jalapeno Shrimp and Pasta

- 12 ounces fresh or frozen peeled and deveined large shrimp
- 8 ounces dried linguine or angel hair pasta, preferably whole grain or whole wheat
- Nonstick cooking spray
- 1 or 2 fresh jalapeno peppers, seeded and finely chopped
- 2 cloves garlic, minced
- 2 cups cherry tomatoes, halved or quartered, or chopped tomatoes
- ¼ teaspoon grated fresh ginger
- 1 teaspoon lime juice
- ½ teaspoon salt
- ¼ teaspoon ground black pepper
- Finely shredded Parmesan cheese (optional)

Thaw shrimp, if frozen. Rinse shrimp; pat dry with paper towels. Meanwhile, cook pasta according to package directions.

Coat an unheated large nonstick skillet with cooking spray. Preheat over medium-high heat. Add jalapeno peppers and garlic to hot skillet; cook and stir for 1 minute. Add shrimp; cook and stir about 3 minutes more or until shrimp are opaque. Stir in tomatoes, freshly grated ginger, lime juice, salt, and black pepper; heat through.

Drain pasta; toss with shrimp mixture. If desired, sprinkle with Parmesan cheese.

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[bloomingtondale community station notes]

AS YOUR NEW CRD FOR BLOOMINGDALE

As of March 22, 2010 I am the new Community Resource Deputy (CRD) for Bloomingdale. As your new CRD, I am honored to take over this position. Rest assured I am not replacing Deputy Pete, but I am filling this critical HCSO position and look forward to working with all of you in continuing the outstanding work that has been done in making Bloomingdale a safer and more secure place to live.

I want to personally thank CSO Sandy Capitano for the outstanding job she did keeping the Community Station going by herself while the selection process for the new CRD was taking place. I look forward to working with her as part of your community policing team.

CONTINUED COMMUNITY

INVOLVEMENT REQUESTED

I am a long time resident of Bloomingdale and have seen and been a part of many of the successful programs put in place to improve the quality of life in our community. As a deputy I worked in several sections within the Sheriff's Office and am personally aware of what is going on in terms of law enforcement and criminal activity.

I know that one of the keys to successful community policing is the involvement of concerned, dedicated residents. I would ask that those of you who have been involved please continue your involvement and renew your commitment to work with those of us in the Sheriff's Office.

To those who want to make a positive difference in our community I would ask that you get involved

now. One area that has proven to be extremely successful is our volunteer Citizens On Patrol program. For those interested please contact our Crime Prevention Section at (813) 247-0944 to find out how you can become a part of this great team of volunteers.

RESIDENTS AND PERSONAL RESPONSIBILITY

At my first Sheriff's Bloomingdale Area Community Council (BACC) meeting last month, I was honored to have several key HCSO staff members present to help bring me aboard including Major Ron Hartley, Commander, District IV, Department of Patrol; Sgt. Susan Bradford, Sergeant of District IV Investigative Section and Det. James Howell, District IV Investigative Section. This team of dedicated professionals is

committed to working with us to help make our community safer and more secure.

Major Hartley briefed members of the BACC on the critical need for all residents to do their part in preventing crimes by taking personal responsibility for properly securing their homes, vehicles and personal property. Major Hartley noted that "This starts with locking up your homes and vehicles, taking valuable items out of your cars and closing your garage doors. Otherwise, you're just inviting a crime to take place." One recent area where crimes have occurred is daycare centers where parents "are only leaving their vehicle for a couple of minutes," and come back and find personal items have been stolen. It only takes these few seconds for a crime to

take place.

Det. James Howell briefed members on recent crimes involving burglaries in our area. He noted that a lot of criminals are also vandals. He shared one recent incident, in which a group of criminals "ripped the appliances out of an abandoned home and let the refrigerator's water line flood the home." He also mentioned a common technique being used by teenage criminals where they go quickly through neighborhoods checking for open cars with valuables like cash, GPS systems and even guns in them, ready for the taking. Now they have committed an armed burglary.

Major Hartley also noted, "This is where community involvement can make a difference. As residents, when you see suspi-



CRD Curtis Warren

icious activities in your neighborhood, call the Sheriff's Dispatch at (813) 247-8200 immediately so our deputies can respond and catch the bad guys!"

REMEMBER:

If you notice any suspicious activity or a crime being committed, get all the information you can - descriptions of individuals, descriptions of vehicles and license numbers, and immediately call the Sheriff's Dispatch at (813) 247-8200. Time is very critical.

Time for
Spring Cleaning

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APRIL 17TH THRU 24TH

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