

THE BLOOMINGDALE GAZETTE

Volume XXX
Number 5

MAY 2010 • THE OFFICIAL PUBLICATION OF THE BLOOMINGDALE HOMEOWNERS ASSOCIATION SINCE 1980



Relay exceeds goals

Hundreds turn out to assist in the fight to end cancer.

See story, page 4.

Photo by Kim Wallace

Team Alafia really Cooked up a Cure for the Relay For Life with contributions of \$6,040.00.

QUOTE OF THE MONTH

"A man is usually more careful of his money than he is of his principles."

Ralph Waldo Emerson

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MAY 2010

Lap Band Seminar

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PRESENTED BY
Lee J. Grossbard, M.D.
Bariatric Surgeon
Board Certified General Surgeon
Tuesday, May 4th 6:30 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon

Understanding the Basics of Knee Arthritis, Its Cause, Symptoms and Treatment



PRESENTED BY
Robert Maddalon, M.D.
Board Certified Orthopedic Surgeon
Tuesday, May 11th 6:30 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon

Everything You Wanted To Know About Your Newborn...

... (But Were Afraid To Ask)



PRESENTED BY
Mark Kanarek, M.D.
Board Certified Pediatrics
Tuesday, May 18th 6:30 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon

Peripheral Arterial Disease (PAD): Past and Present



PRESENTED BY
Faisal Khan, M.D.
Board-Certified Surgery & Thoracic
Wednesday, May 5th 6:30 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon

Women's Health Update: ROBOTICS AND THE BENEFITS OF DA VINCI SURGICAL SYSTEM



PRESENTED BY
Stephen Zweibach, M.D.
Board Certified Obstetrics & Gynecology
Wednesday, May 12th 6 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon

Surgical Weight Loss SEMINAR & SUPPORT GROUP

Answers your questions about the benefits of gastric banding and bypass surgery.



PRESENTED BY
Alfredo Fernandez, M.D.
Bariatric Surgeon
Board Certified General Surgeon
Thursday, May 20th 6:30 p.m.
Seminar - 260 S. Moon Ave., Classroom B, Brandon
Support Group - 262 S. Moon Ave., Classroom A, Brandon

Neonatal Intensive Care Unit (NICU) Reunion



THE ENTIRE FAMILY IS INVITED TO ATTEND THIS SPECIAL EVENT, to celebrate the miracle of life. Join the physicians and nurses of our NICU for this morning of fun family activities.
Saturday, May 8th 9 a.m. - 11 a.m.
260 S. Moon Ave., Classroom B, Brandon
R.S.V.P. (813) 653-1065



Atrial Fibrillation: Current Treatment Options



PRESENTED BY
Dilip Mathew, M.D.
Board Certified Cardiac Electrophysiologist
Thursday, May 13th 12:30 p.m. - 1:30 p.m.
1901 Haverford Plaza, Suite 106
Sun City Center (behind South Bay Hospital)

Breast Cancer Overview: General Treatment, Medical Management, Early/Late Stages



PRESENTED BY
Lewis E. Auerbach, M.D.
Board Certified Internal Medicine & Medical Oncology
Wednesday, May 26th 6:30 p.m. - 7:30 p.m.
262 S. Moon Ave., Classroom A, Brandon

Cardiac Support Group YOUR CARDIAC PLUMBING QUESTIONS... JUST ASK "JOE"



PRESENTED BY
Hoshedar Tamboli, M.D.
Board Certified Interventional Cardiologist
Thursday, May 13th 6:30 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon

Healing a Broken Heart: Heart Failure Treatments



PRESENTED BY
Ranchhod Khant, M.D.
Board Certified Cardiovascular Disease
Wednesday, May 26th 6:30 p.m. - 7:30 p.m.
260 S. Moon Ave., Classroom B, Brandon



To register for these FREE seminars, classes and support groups or for more information,

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Yard of the month

David and
Tracy Bunker
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Photo by James Harris

Kids In Balance open house

By Alan Goldberg

It is time to think about summer activities. Whether you are looking for fun activities to keep the kids busy, you want to prepare them for their first year of school, or you want to ensure the kids keep up their skills between grades, Kids In Balance is a perfect alternative to sitting around the house. On May 8, from 10 a.m. to noon, Kids In Balance as well as other businesses in the Boyette Executive Center are holding open houses. Let the staff show you how their activities improve socialization, work on reading comprehension and pronunciation, strengthen fine and gross motor skills, and make it all happen in a fun and safe environment. The instructors are speech, occupational and physical therapists and trained teaching professionals. They will be on-hand to do crafts and other free activities.

Come see what else the Boyette Executive Center has to offer. For the kids there is Kids In Balance, Tae Kwon Do, and Victoria's School of Dance. For parents there is Yoga, the perfect way to relax. The center is full of other healthy businesses like the Riverview Family Medicine practice, Hess Orthodontics and Southwest Florida Rheumatology, and many other businesses will also be at the open house. Come and enjoy the festivities and learn about these local businesses. The center is located on Boyette Road just east of McMullen Road. For more information call (813) 677-8450 or see www.kidsinbalance.org.

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GAZETTE**

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free to Bloomingdale
residents on the first
Saturday of each month.

Bloomingdale Relay For Life of Exceeds Goal

What an Amazing Event!
Forty-six teams came out on March 26
and 27 to participate in this year's
event and raised \$90,000.
Way to go Bloomingdale!

By Leslie White

Hundreds turned out
March 26 to participate in
the American Cancer Soci-
ety's Relay For Life. Em-
barking on its 26 year, the
overnight event encourag-
es communities to rally
together and walk through
the night to raise not only
funds but also awareness
necessary to fight against
the disease diagnosed in
over 1,400,000 Americans
annually. For some, the
decision to participate is a
personal one, stemming
from the loss of a loved
one to cancer. For others,
they simply want to help
raise funds needed to aid
in finding a cure for a
disease that affects so

many.

At one point during the
event, the stadium lights
are shut off, leaving only
the dim glow from lumi-
naries bearing the names
of lost loves ones, survivors
and those in the throes of
battle now, and a shim-
mering H-O-P-E and C-U-
R-E spelled out in lumina-
ries in the bleachers. Walk-
ing in silence, many cry
and hold each other, re-
flecting on people who are
battling now as well as
those who have lost their
battle with Cancer.

The American Caner Soci-
ety website proclaims,
"Relay For Life symbolizes
the hope that people lost to
cancer will never be forgot-



Photo by Leslie White

William and Margie Brock, both cancer survivors, were excited to be part of the relay walk for survivors.



Photo by Kim Wallace

Bloomingdale student Natalie Scheadler along with mother Bev Scheadler, William and Margie Brock during Relay For Life as both are cancer survivors.



Photo by Kim Wallace

Charles McDermott (bride) and Cassie Pullaro (groom) having fun during Opposite Lap at Relay for Life.

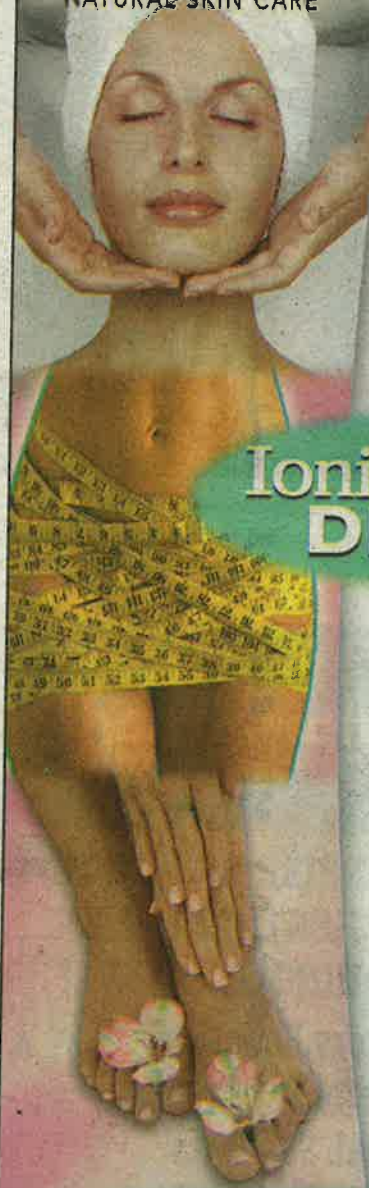


Photo by Leslie White

Rachael Quinn and Hannah Baxter set up shop at Bloomingdale's Relay for Life selling cupcakes and other goodies to raise money for the American Cancer Society.

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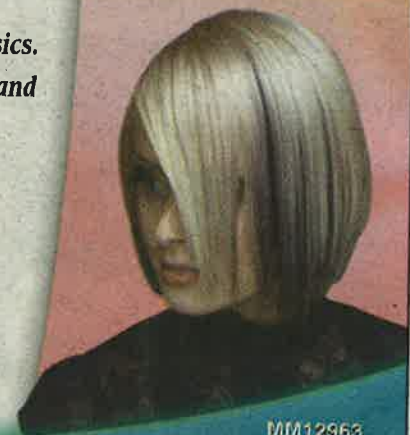
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Bloomingtondale High color guard to hold try-outs

The Bloomingtondale High School Crimson Guard, formerly known as the Crimson Dolls, are holding tryouts for the 2010-2011 squad. All tryouts will be held at the school on April 26, 28, 29 and May 3 at 5 p.m. Auditions will be held in front of a judging panel on May 5 at 7 p.m.

The Crimson Guard performs during the high school football season using flags, sabers, rifles and dance moves with the Bloomingtondale Rajun Bulls Marching Band. The squad also competes during the winter season against other color guard squads.

All participants must wear dance attire, no jeans or baggy clothes. No dance experience is required. Boys are also invited to audition.

For additional information, e-mail williamd.sullivan@sdhc.k12.fl.us or leen.petree@sdhc.k12.fl.us



The Crimson Dolls gather for a photo.



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Easter treats at Publix



Photos by Kim Wallace

After a recent soccer game, Zack Martin went to Publix on Lithia Pincrest with his mom to pick up groceries and was surprised to get treats from the Easter Bunny (Vinny Acerra).



Photo by Kim Wallace

Macy Martin gets her face painted for Easter by Dayne Brown, employee of Publix on Lithia Pincrest

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June 14, 2010 through August 16, 2010

Monday to Friday: 8:30 am to 12:30 pm

June 14, 2010 through August 16, 2010

Monday to Friday: 8:30 am to 12:30 pm

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Advanced- Half Day Classes: Level 2

June 14, 2010 through August 16, 2010

Monday to Friday: 1:30 pm to 5:30 pm

June 14, 2010 through August 16, 2010

Monday to Friday: 1:30 pm to 5:30 pm

The Camp is designed for juniors who are at the Advanced Level or have previously attended our **Full Swing Camp** and **Short Game Camp**. Each day with our experienced and qualified P.G.A. Professionals will consist of video analysis of each student's swing and then off to the tee line for ball striking (Day 1 and Day 3). Days 2 and 4 will consist of short game and on course training. Day 5 is Championship Day. They will also learn rules, courtesy, etiquette, and sportsmanship. There are lots of games and prizes to be won. **The next step Level 3: The Junior Elite Golf Camp.**

Elite- (Full Day) Classes: Level 3

July 26, 2010 through August 16, 2010

Monday to Friday: 8:30 am to 5:00 pm

July 26, 2010 through August 16, 2010

Monday to Friday: 8:30 am to 5:00 pm

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(The Elite Classes will take place at River Hills Golf and Country Club). The next step Level 4: Private lessons

Contact Info

To receive more information on the programs offered and registration, please visit

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Drama Team will present "Don't Drink the Water"

By Brenda Gibbs

The St. Andrew's United Methodist Church Drama Team will present the zany comedy "Don't Drink the Water" for three performances May 5, 6, and 7, in the church Sanctuary, 3315 Bryan Road, at 7 p.m. Admission is free, but a love offering will be accepted.

This fast paced and clever comedy takes place in the American embassy of a fictional country behind the Iron Curtain in the 1960s. Things get off to a frantic start as the vacationing Hollander family race into the embassy just steps ahead of the communist police who suspect them of, what else, spying and picture-taking! The embassy is not much of a refuge, since the ambassador is absent, and his son, now in charge, has been expelled from a dozen countries and the entire continent of Africa for his bumbling ways.

Nevertheless, they carefully and franti-

Bright and witty dialogue, a riotous plot, and memorable performances make "Don't Drink the Water" a great evening of fun for the whole family.

cally plot their escape, and the ambassador's son and the Hollander's daughter even have time to fall in love. The story is enhanced by an asylum-seeking priest who fancies himself a magician, a snooty embassy employee, a temperamental and eccentric chef, an arrogant sheik, and, of course, those "friendly" communist police. Bright and witty dialogue, a riotous plot, and memorable performances make "Don't Drink the Water" a great evening of fun for the whole family.

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Photo by Ray Chadderton

Have stick, will travel

Meet Otis, a 6 month old Miniature Australian Shepherd, the newest member to the Chadderton family. While Otis really belongs to the Chadderton children, Lauren and Ryan, he seems to have taken a position with dad, Ray Chadderton. Ray says that "Otis loves to play fetch with a Frisbee or tennis ball (or even a stick) and is very loyal and affectionate. He has been very easy to train." Watch for Otis in the Bloomingdale area as he frequently travels with Ray during his daily travels.

[on real estate]

Learn the right way to invest

If you can hear the whispers below the din of panic, you know that the recent financial and housing collapses have actually created some amazing opportunities for smart investors. Low interest rates and depressed property values have combined in an environment favorable for long-term gains.

It may not be for everyone, but if you're in the right financial position, you have plenty of options. However, there is a right way and a wrong way to invest, and it's the wrong way that led so many to suffer in the recent housing crisis.

Don't think about investing in real estate until you've saved up for your

nest egg and have held or reduced your expenses to keep it growing. Your money doesn't work for you unless it's your money.

Similarly, don't begin your investment adventure until you've polished up your credit score. The best opportunities go to those with upfront cash and excellent credit. Maximize your borrowed capital by making sure you get the lowest interest rates and the best terms.

It then follows that you should not over-borrow. Real estate markets are continually cycling up and down. Learn the lessons of the recent debacle and don't over-leverage yourself to the point you can't



Ray Chadderton

survive a down period in the cycle. If you're smart about it, you won't get rich quick, but you will get rich right!

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Plaza Bella features puppy love for third annual Wagapalooza

By Leslie White

Plaza Bella put on the dog to host their third annual Wagapalooza. Four legged friends gathered with their two legged companions for an afternoon of contests, prizes, photos, drawings and raffles, hosted by the various businesses comprising the local shopping Mecca.

Participating pets could be entered in one of several contests: Best Oldtimer, Best Jumper, Best Tail-Wagger, Best Owner-Dog Look-a-like, Best Puppy Love, Best Trick, Best Costume or Best Lap Dog.

While there were plenty of activities for pets who already live in a loving home, for those that don't, the day presented opportunities to find one. Dogma Pet Rescue brought out several dogs, resulting

in at least two adoptions in the first few hours of the event. Aside from finding them homes, Dogma was also seeking help in the way of donations as well as volunteers. "We are all volunteers doing this," said Dogma representative Cynthia Huber, "and we desperately need fosters for the dogs we take in and also funds to help provide for their care and medical needs."

That same sentiment was echoed by Florida Boxer Rescue representative Bill Gray, a Bloomingdale resident who is currently fostering "Bixby," who came out of a Pasco County animal shelter extremely malnourished. "He was mostly skin and bones. He's made a lot of prog-

ress," said Gray. "He now weighs 60 pounds." With Gray at Wagapalooza was Dominic, a 5-year-old boxer up for adoption. Gray says rescue groups have seen an increase in the number of dogs needing the services they provide. "People are surrendering dogs due to foreclosures. They have to move and can't take their pets," he said. "Some have to be surrendered due to allergies. I don't know how people give them up," added Gray, explaining, "Boxers are companion animals. They want to be on your lap. They are very lovable." This is one of the reasons why Florida Boxer Rescue has a very careful screening process for all potential foster and adoptive parents. "It's

important that the dog is a good fit to the home. We want each dog to go to a loving home permanently, so we make sure they are compatible," said Gray. The organization has successfully placed over 3,000 boxers in their forever home since the year 2000, an average of 25 a month.

For more information on these and other rescue groups, visit them online at:
 Dogma:
www.dogmarecue.org
 Florida Boxer Rescue:
www.flbr.org
 Great Greyhound Rescue of Tampa:
www.great-greyhound.org
 All proceeds from Plaza Bella's annual Wagapalooza benefit local rescue groups.



Photo by Leslie White

Dominic, a 5-year-old Boxer up for adoption through Florida Boxer Rescue, dons a springtime hat for Wagapalooza.

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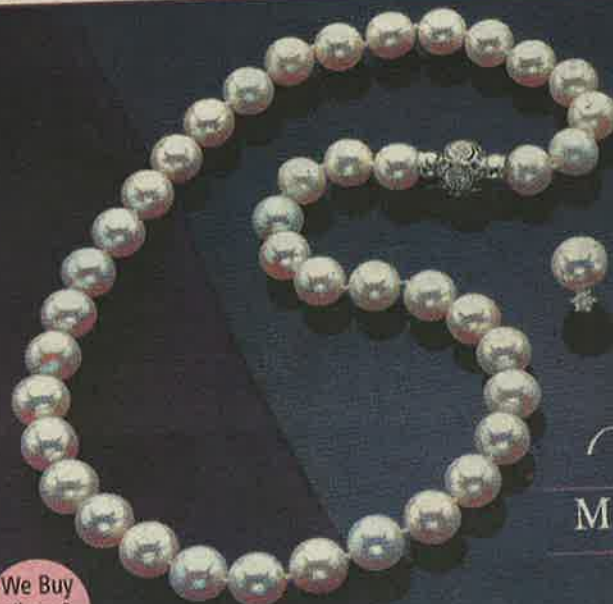
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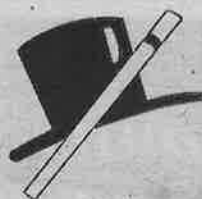
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Outdoor Impressions become "Yard Crashers"

By Leslie White

The saying goes, "If you want something done right, you have to do it yourself." Outdoor Impressions owner Jason Smith recently discovered just how true that statement could be when he was featured on DIY (Do-It-Yourself) Network's show "Yard Crashers".

Selected through a search by the show's producers, Smith almost missed the opportunity when the inquiry landed in his inbox. "I almost deleted it because I thought it was junk mail," he said. Upon further scrutiny, Smith decided "What the heck," and decided to respond, and because he

did, he can now add the title "Yard Crasher" to his list of accomplishments. And it is quite an accomplishment for the Bloomingdale High grad, as his Outdoor Impressions business received the invitation to appear on the show after beating out competitors compiled from a statewide search.

After impressing them with his pictorial portfolio, the show's producers flew in from California – and that's when the real fun began.

Smith was given two days to design and then two days to execute a \$35,000 backyard makeover in South Tampa.

"There was so much to consider," said Smith, but he and his team designed a pergola patio complete with a raised fountain featuring a magical mix of fire and water, and an outdoor kitchen, all surrounded by Florida-friendly landscaping. "We needed to be flawless. There was no room for error," said Smith.

Part of the show's charm is its ambush approach to finding its guests and the speed in which a neglected backyard is reformed with little or no contact between designer and homeowner. "We didn't actually meet

See YARD, Page 14 »



Photo by Leslie White

Outdoor Impressions owner Jason Smith has been called many things, but up until last month "Yard Crasher" wasn't one of them. After being "googled" by DIY producers in California doing a statewide search for professional hardscape and landscape designers, Smith was contacted and hired to be the lead contractor on one of the network's most popular shows "Yard Crashers," hosted by Ahmed Hassan, when they made over a South Tampa backyard.

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LV48155

YARD

Continued From Page 12

the customers until Wednesday morning – the day we installed,” Smith explained. Prior to that, Smith and his team were given only minor details of what Tom and Brooke Iarossi liked and disliked in a backyard, and how they wanted to use that space. Smith worked very closely with his former partner Justin Stabler, who now owns and operates Belacqua, to design a one of a kind fountain mixing fire and water effects. He also brought in TropicScapes Landscaping and Designs and Soleic Cabinetry to give the Iarossi’s the total package.

In less than a week, Smith and his team, under the watchful cameras of “Yard Crashers” and the help of the homeowners,

made an outdoor fantasy a reality; which will air the week of July 5 on the DIY Network and re-run at a later date on HGTV. During the entire process, Smith felt confident that he and his team had designed a space any couple would love, and he said of the Iarossi’s reaction, “They were definitely surprised!”

As for the producers, Smith feels confident as well that they were completely satisfied. “They said they were really pleased with us. They even mentioned another episode as a future possibility.”

Smith’s greatest satisfaction comes when his clients are satisfied, he said. “We do all the work ourselves. We don’t sub out. We are very professional and we want that customer interaction and to have a good relationship with our customers.”

He hopes to continue growing this business he’s become so passionate about. “Now my goal is to see where we can go from here,” he said. In regards to the show, Smith has plans to hold a premier party at his showroom, inviting everyone out not only to see the show when it airs, but to see what he and his team do on a daily basis. The Outdoor Impressions showroom is both an indoor and outdoor showcase of flooring, fountains and fire pits designed to enhance outdoor living. The showroom is also available for party rentals. For more information on Outdoor Impressions, contact Smith at (813) 684-6817 or visit www.outdoorimpressions.net or visit his design center at 2224 Bloomingdale Ave., near where it intersects with Lithia-Pinecrest Road.



Photo by Kim Wallace

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Welcome, Spring Jubilee



Sam Bigornia and Morgan Routh, both Bloomingdale residents attending Bell Shoals Baptist Academy take a break from all the activities at the school's annual Spring Jubilee.

Photo by Leslie White



Bloomingdale resident Wesley Whidden (center) along with his friends Mark Shelton (left) and Nick Williams (right) attended Bell Shoals Baptist Academy's annual Spring Jubilee.

Photo by Leslie White

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Campo participates in the Youth Basketball All-Star Tournament

On the weekend of March 27 and 28, the Campo Family YMCA participated in the Tampa Metropolitan Area YMCA Youth Basketball All-Star Tournament. The Campo YMCA was represented by teams in the Under-15 division, the Under-13 division, the Under-11 boys division and the Under-11 girls division. The Campo YMCA All-Star teams were composed of players who competed in the facility league, earning their selections by their skills and sportsmanship demonstrated during league games. In the Under-11 boys division, Campo fought hard and brought home the championship trophy and banner. For the Under-11 girls team it was the first time the girls had an opportunity to play with each other and against other all girl teams. The girls performed remarkably making the Campo Community extremely proud by also bringing home the championship trophy and banner. It was a very successful tournament for all of the Campo teams, players and coaches. They will be ready again next year. If you are interested in being part of Campo's rich basketball tradition, registration begins April 19. For more information, call (813) 684-1371 or visit www.tampaymca.org.



Photo by Ray Chadderton
 Front Row: Sarah Dennis, Danielle Arigo, Riley Hines and Jade Sideboard. Middle Row: Isabella Fraraccio, Naomi Possel, Lauren Chadderton and Theadra Turaga. Back Row: Elisha Byrd and Emilee Runnels

Basketball Camp available at BSHS

Bloomington High School head coach Joe Willis, former Durant High School head coach Jeff Shotwell and the Bloomington High School players will direct basketball camps for children of all skill levels July 12-15 and July 19-22 from 9 a.m. to noon for grades 4-6 and 1 to 5 p.m. for grades 7-9. The focus of the camp will be basketball skills and sportsmanship. The cost is \$75 includes instruction, a T-shirt and certificate. Discounts available for multiple family members. For information, contact Joe Willis at (813) 298-3448 or via e-mail at joseph.willis@sdhc.k12.fl.us.

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Bell Shoals Baptist Academy goes the extra mile for Haiti

By Leslie White

Last month 127 students from Bell Shoals Baptist Academy, their teachers and some of their parents walked for four hours around their campus to raise money for Haiti. The 8th-grade National Junior Honor Society students came up with the idea of a walk-a-thon as their service project shortly after seeing the devastation caused to the small country of Haiti after an earthquake struck.

Bloomingdale resident and BSBA eighth-grader Sam Bigornia walked eight miles and brought in close

to \$70 in pledges. "Even though I was tired after the walk, I knew it was going to a good cause," she said. Bloomingdale resident and fellow eighth-grader Alex Fyffe also walked eight miles and said, "I felt good about raising money to help Haiti." Seventh-grader Morgan Routh, also from Bloomingdale, ran and walked for 12 miles and she "thought the walk-a-thon was a good idea".

The event raised \$5,245, which will all go to help the people of Haiti.



Photo by Leslie White

Though Morgan Routh's running and walking paths are usually in Bloomingdale, the BSBA 7th grader didn't let new territory prevent her from getting in 12 miles during the recent walkathon.



Photo by Leslie White

Eighth graders at Bell Shoals Baptist Academy helped plan a walkathon to benefit the people of Haiti as part of a National Junior Honor Society service project. (L-R) Jessica Cruz and Bloomingdale residents Dakota Hunter (back), Sky Ray and Sam Bigornia walked for 4 hours around their school to collect the pledges per mile to support relief efforts in Haiti.

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What they did on their spring break...



Photo by Kim Wallace

Ryan Woodard, Alex Nauert, Andrew Scannell, CJ Walker, Brooke Lott, Courtney Tournade and Marissa May enjoy Spring Break together at beach before they all go their separate ways after graduation!



Photo by Kim Wallace

Bloomington resident Whitney Wallace enjoys a good swing with her Nanny, Carolyn Dillard in Georgia during her spring break.

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2010 Tampa Bay Hurricane Expo

During the first three days after a natural or man-made disaster local government are working hard to re-establish essential services such as power, water and sewer, and will be clearing debris from the streets. So the City of Tampa and Hillsborough County, in conjunction with the Museum of Science & Industry (MOSI), want residents to understand that "The First 72 Are Up To You!"

That is the theme for the 2010 Tampa Bay Hurricane Expo, Saturday, May 22, from 9 a.m. to 2 p.m. at MOSI. The theme means residents should be prepared to provide for themselves for up to first 72 hours after a storm.

Admission to the Tampa Bay Hurricane Expo is free.

Seminars from local and national experts will focus the theme - The First 72 Are Up To You! - and on the importance of preparing your family and home long before the first hurricane warning is issued. There will also be a special 72-Hour Readiness exhibit to demonstrate how much water and food is really needed for a family of four during the first 72.

In addition, Hurricane Expo guests can enjoy MOSI exhibit galleries and one standard IMAX Dome Theatre film for only \$8 per person (children under 2 admitted free). Special exhibitions and special engagement films not included.

Vendors and sponsors for the expo can register by filling out the appropriate form at www.TampaBay-HurricaneExpo.com

Follow us on Twitter: <http://twitter.com/tbhurricaneexpo>.

Intersection improvement project needs input

By Mack Austin

The Hillsborough County Public Works Department held a Special Public Meeting Thursday, March 22, at the Bloomingdale West Recreation Center to present the three options being considered for making improvements at the intersection of Bloomingdale Avenue and Culbreath Road.

Attendance by residents at this meeting was light. This is a major intersection right next to the YMCA and the Bloomingdale Little League Park. For those who did not attend there is still time to let the county know which option you prefer of the three being offered. After reviewing the summary of options below, contact the Hillsborough County Public Works Department at (813) 272-5912 and ask

about the Intersection Master Plan Project for Bloomingdale Avenue and Culbreath Road. Any comments must be received no later than May 6.

Option 1 - There will be two turn lanes added to the north side of the intersection with one west bound for going into the strip mall area and one west bound for exiting the area. The Bloomingdale Avenue West bound left turn lane on to Culbreath Road will be extended. There will be a Bloomingdale Avenue east bound turn lane on to Culbreath Road added. The turn lanes from Culbreath Road on to Bloomingdale Avenue will be widened and increased.

Options 2 and 3 - The improvements included in these options are the same except for how the median on Culbreath Road will be



Bloomingdale Avenue/Culbreath Road project drawing showing the three improvement options.

modified, if the sidewalk on Culbreath Road will be extended and how many trees will be removed. The removal of the trees was a major topic of discussion at the meeting.

As with any major road improvement proposed for our community, input from residents is important. Please take a moment and review this project and let your comments be known.



Robert Fulp, Senior Project Manager for Bayside Engineering explains the project.

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Field Day at Cimino Elementary



Vanessa Mullen, a 3rd grader at Cimino, hurdles over a wall during the obstacle course race.



Third grader, Julian McCray sets his sights on the flag.

Photos by Kim Wallace

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- Converting all or part of a tax-deferred IRA to a Roth IRA so you can receive tax-free income* in retirement

Call today to schedule a review. We'll meet face to face to gain a better understanding of your current situation and discuss your opportunities to help move your retirement forward.

* Earnings distributions from a Roth IRA may be subject to taxes and a 10% penalty if the account is less than five years old and the owner is under age 59½.



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- ♦ 1 in 4 teens online have talked about sex with an online stranger.
- ♦ 70 percent of teens say they've accidentally come across pornography on the internet.

- ♦ 1 in 5 children are sexually solicited online.
- ♦ 70 percent of children have accidentally encountered pornography on the Internet.
- ♦ 63 percent of teens say they know how to hide what they do online from their parents.

Is Your Child In Danger?

Signs that your child could have a problem:

- ♦ Spends large amounts of time online, especially at night.
- ♦ Hides computer disks and flash drives.
- ♦ Turns off the monitor or quickly changes the window when parents enter the room.
- ♦ Neglects school assignments, avoids normal social activities or withdraws from the family. (This could indicate they've been in contact with an online predator.)
- ♦ The Internet browser history is empty. (Kids

know how to hide what they are doing.)

- ♦ You discover unusual charges on your credit card statements.
- ♦ Your child receives mail or gifts from someone you don't know.

What Parents Can Do

- ♦ Learn about the Internet and keep up with technology.
- ♦ Surf the Internet with your kids and ask them to show you their favorite destinations.
- ♦ Review the content of what your teenagers read and/or type in chat rooms or by instant messaging.
- ♦ Keep computers with Internet access in a family room, kitchen or living room, not the child's bedroom.
- ♦ Educate your teen about the potential dangers of online communication, online sexual predators, and online sexual solici-

tion.

- ♦ Set up a family Internet policy that includes scheduled times and permissible websites, and limit online communication to familiar peers.
- ♦ Tell your children that personal information stays personal.
- ♦ Keep kids out of chat rooms.
- ♦ Get to know their "online friends" just as you would their school friends. Learn Internet lingo and know what your kids are saying and doing. 95 percent of parents can't identify common chat room phrases.

Resources

- connectsafely.org
- cyberpatrol.com
- cyberline.com
- ikeepsafe.org
- netsmartz.org
- onguardonline.gov
- safekids.org
- wiredkids.org



Photo by Kim Wallace

Running the bulls

New Assistant Principal at Bloomingdale High School Bloomingdale High School would like to welcome Mrs. Nia Campbell as their new assistant principal. Mrs. Campbell was the Impact teacher at King High School in Tampa. She has taught math and coached girls basketball and is excited about starting her new career as a Bull. Welcome Mrs. Campbell!

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Photo by Leslie White

A twilight spin

Campo YMCA members pumped up the volume and their legs to raise money for their scholarship program in what they call their "Twilight Spin." Riding stationary bikes, surrounded by music and fans, members rode for as long as they could from 4-8 p.m. The YMCA is in the midst of its annual fundraiser to help raise money to send kids to camp at the Y. Those who would like to contribute are invited to stop by the Campo YMCA's front desk and pick up a pledge card. No spinning necessary.

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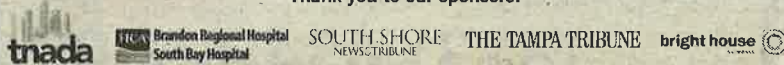


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[dinner@6]

This month's Dinner @ 6 features a tasty one-dish meal that the whole family is sure to love and a fun way to celebrate Cinco de Mayo on May 5.

This is a protein packed Mexican-inspired pie that came to me through a friend years ago. It has a few more steps than my normal entrees, but believe me, it is well worth the effort! It's been a highly requested dinner in my family for years!

This is very filling, so no side dishes are really necessary, but if you need a little something on the side, chips and salsa are a great accompaniment.

That's this month's Dinner @ 6 – just in time for Cinco de Mayo!

Simple. Satisfying. Savory.

Burrito Pie

1 pound ground beef
2 to 3 garlic cloves, minced
1 can (11-1/2 ounces) condensed bean with bacon soup, undiluted
1 jar (16 ounces) thick and chunky picante sauce, divided
1/4 cup cornstarch
1 tablespoon chopped fresh parsley
1 teaspoon paprika
1 teaspoon salt
1/4 teaspoon pepper
1 can (16 ounces) kidney beans, rinsed and drained
1 can (15 ounces) black beans, rinsed and drained
2 cups (8 ounces) shredded cheddar cheese, divided
3/4 cup sliced green onions, divided
Pastry for double-crust pie (10 inches)
1 cup (8 ounces) sour cream

In a skillet, cook beef and garlic over medium heat until beef is no longer pink; drain.

In a large bowl, combine soup, 1 cup of picante sauce, cornstarch, parsley, paprika, salt and pepper; mix well. Fold in beans, 1 1/2 cups of cheese, 1/2 cup onions and the beef mixture.

Line pie plate with bottom pastry; fill with bean mixture. Top with remaining pastry; seal and flute edges. Cut slits in the top crust. Bake at 425 degrees for 30-35 minutes or until lightly browned. Let stand for 5 minutes before cutting. Garnish with sour cream, and remaining picante sauce, cheese and onions.



Burrito Pie

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